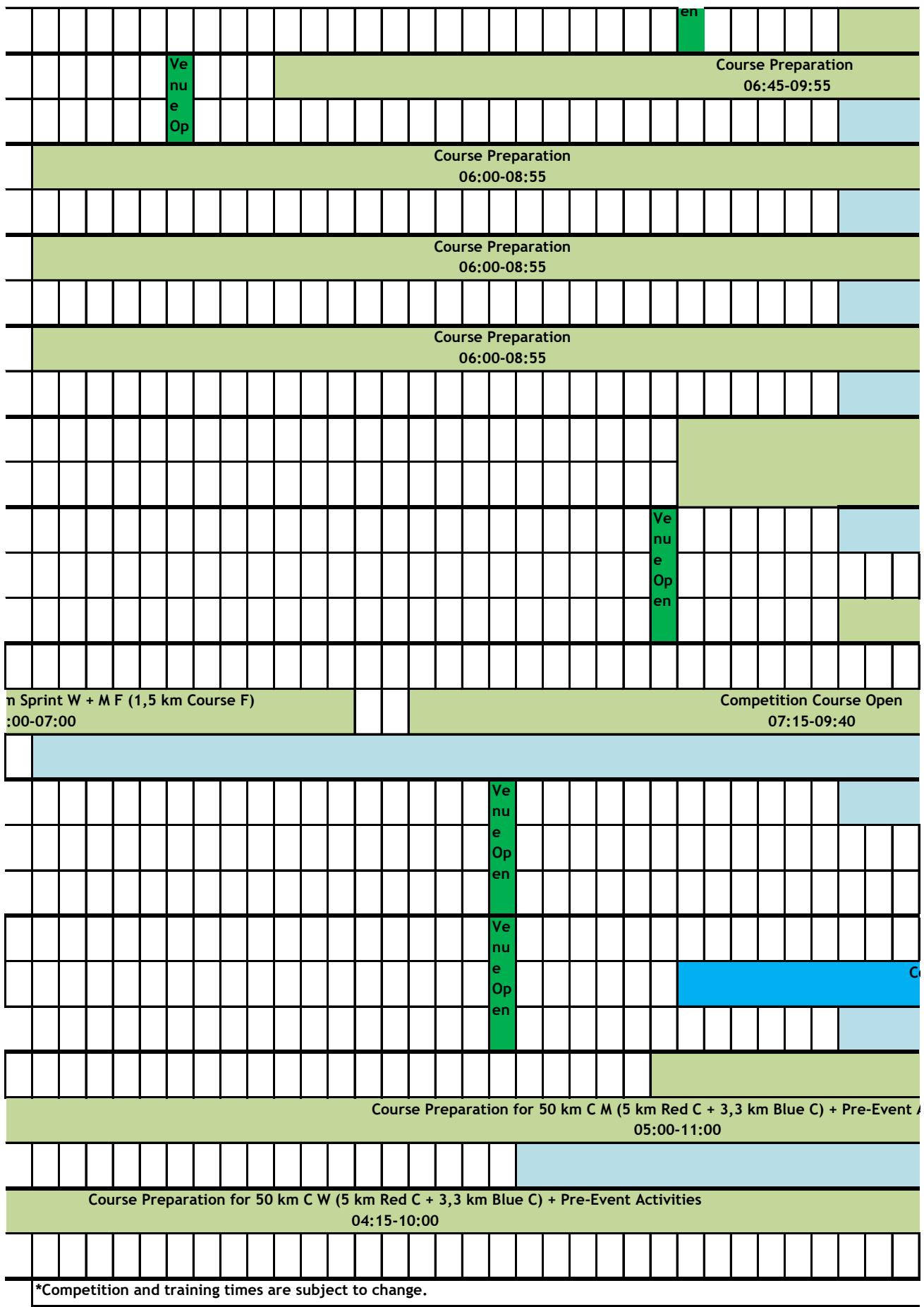


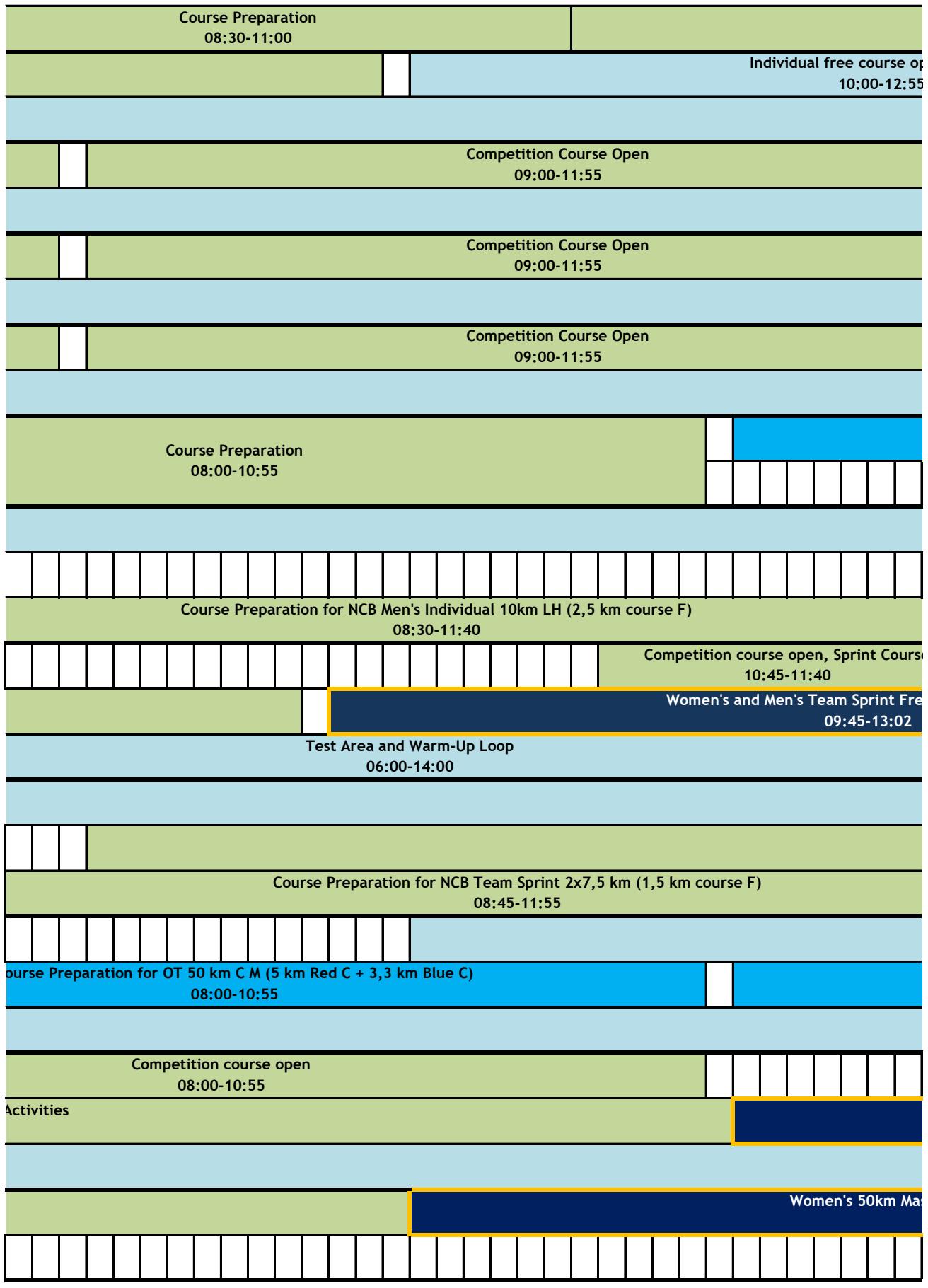


			NCB																						
Day 6	Thu. 12 Feb.	FOP	CCS																						
			NCB																						
Day 7	Fri. 13 Feb.	FOP	CCS																		Venu				
			NCB																		e Op				
Day 8	Sat. 14 Feb.	FOP	CCS																		Venu				
			NCB																		e Op				
Day 9	Sun. 15 Feb.	FOP	CCS																		Venu				
			NCB																		e Op				
Day 10	Mon. 16 Feb.	FOP	CCS																		Venu				
			NCB																		e Op				
Day 11	Tue. 17 Feb.	FOP	CCS/NCB																						
			CCS																						
			NCB																						
Day 12	Wed. 18 Feb.	FOP																			Course Preparation for Tear				
			CCS																		05				
			NCB																						
Day 13	Thu. 19 Feb.	FOP																							
			CCS																						
			NCB																						
Day 14	Fri. 20 Feb.	FOP	CCS																						
Day 15	Sat. 21 Feb.	FOP	CCS																		Venu				
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Day 16	Sun. 22 Feb.	FOP	CCS																		Venu				
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Training	Medal Event	Pre-Competition Activities	TCM/TLM
30	09:00	9:30	10:00
50 55 00 05 10 15 20 25 30 35 40 45 50 55 00 05 10 15 20 25 30 35 40 45 50 55 00 05 10 15 20 25 30 35		10:30	11:00
	General Training Sprint Course 09:00-11:00		
	General Training Sprint Course 09:00-11:00		
	General Training Sprint Course 09:00-11:00		
	General Training Sprint Course 09:00-11:00		
	General Training Sprint Course 09:00-11:00		
	Course Preparation 07:30-10:30	Course Open (3.3km Re) 10.30-11:00	
		Competition Courses 10:00-12:55	
		Competition Course Open (3.3 red+3.3 blue) 09:30-12:25	
	General Training Sprint Courses 09:00-13:00		
		Official Training Sprint Course 10:00-12:00	
		Women's and Men's Sprint Classification 09:15-13:30	
	Test Area and Warm-Up Loop 06:00-18:00		
	Course Preparation OT NCB (2,5 km course F) 08:30-10:30		
		Course Preparation	
		11:00-11:45	

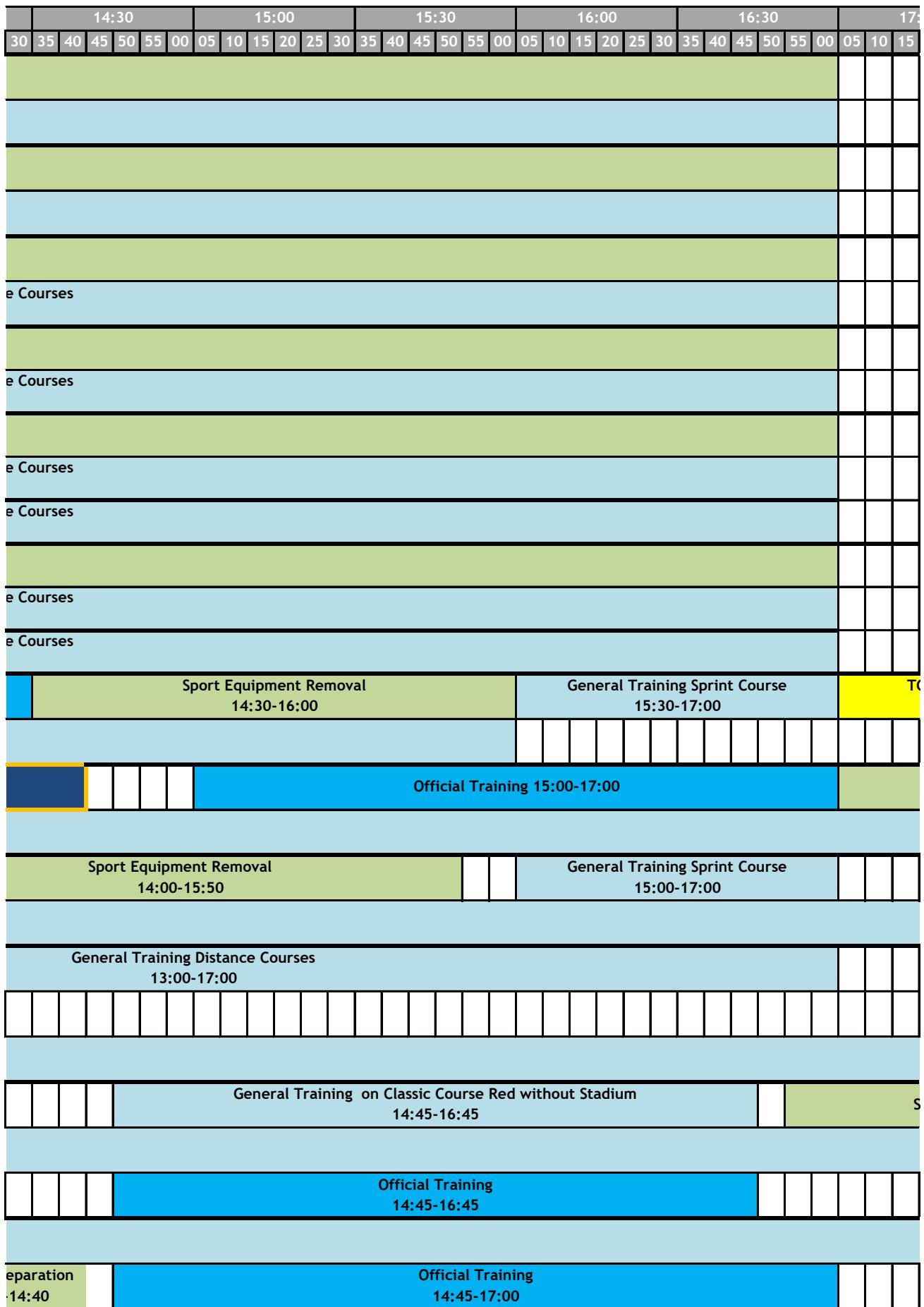


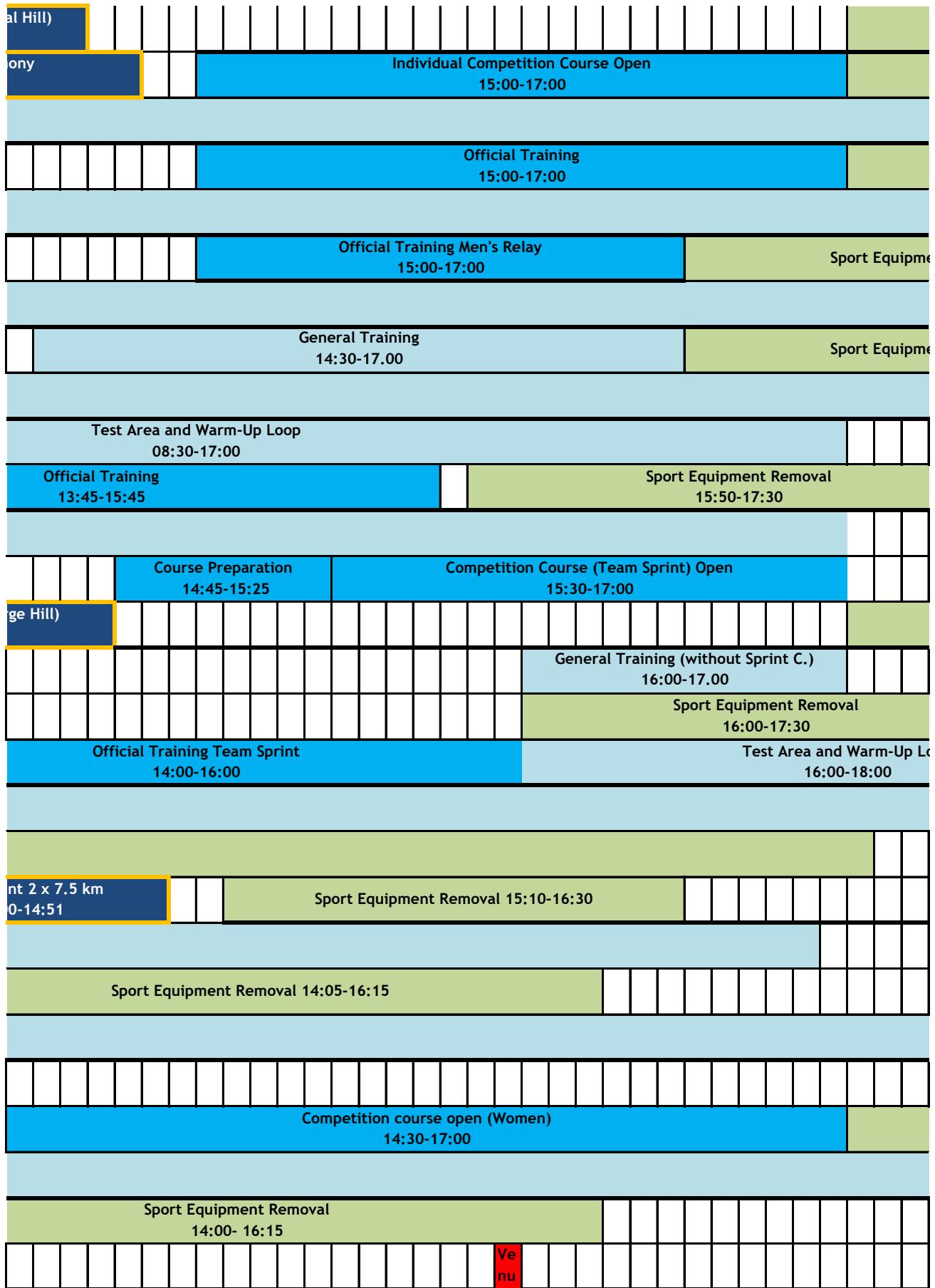
# mpic Winter Games - Milano Cortina 2026 - Tesero Cross-Country Skiing Stadiu

Draw	Other	Ve	Venue Closed																					
11:30	12:00	12:30	13:00	13:30																				
40 45 50 55 00 05 10 15 20 25 30 35 40 45 50 55 00 05 10 15 20 25 30 35 40 45 50 55 00 05 10 15 20 25				14:00																				
Course Preparation 08:00-17:00																								
General Training 09:00-17:00																								
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Course Preparation 08:00-17:00																								
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General Training Distance 11:30-17:00																								
d C + 3.3km Blue F)																								
4.30																								
Official Training Skiathlon 12:30-14:30																								
Test Area and Warm-Up Loop 08:30-16:00																								
e Open																								
Women's 10 km + 10 km Skiathlon+Victory Ceremony 13:00-14:40																								
Test Area and Warm-Up Loop 08:30-18:00																								
Men's 10km + 10km Skiathlon+Victory Ceremony 12:30-14:00																								
Test Area and Warm-Up Loop 08:30-18:00																								
Sport Equipment Removal 12:05-13:45																								
Test Area and Warm-Up Loop 08:30-18:00																								
c+Victory Ceremony																								
Course Preparation 13:45-14:25																								
Test Area and Warm-Up Loop 08:30-18:00																								
Course Pr 14:15-																								

Course Open NCB (only with Bib) 10:30-13:35		Men's Individual 10km (Normal) 13:45-14:25
Open (women)		Women's 10km Interval Start Free+Victory Ceremony 13:00-14:45
Test Area and Warm-Up Loop 08:30-18:00		
Men's 10km Interval Start Free+Victory Ceremony 12:00-13:45		
Test Area and Warm-Up Loop 08:30-18:00		
Women's 4x7.5km Relay+Victory Ceremony 12:00-13:55		
Test Area and Warm-Up Loop 08:30-18:00		
Men's 4x7.5km Relay+Victory Ceremony 12:00-13:55		
Test Area and Warm Up Loop 08:30-18:00		
Official Training Team Sprint 11:00-13:00		
Test Area and Warm-Up Loop 08:30-17:00		
Course Open NCB (only with Bib) 10:30-13:35		Men's Individual 10km (Large) 13:45-14:25
e		
e+Victory Ceremony		
Test Area and Warm-Up Loop 08:30-18:00		
Non-competition course open (without Sprint) 09:00-17:00		
Competition Course Open (only with Bib) 10:30-13:50		Team Sprint 14:00
General training all courses withouth sprint 10:00-17.00		
Official Training 50km (Men) 11:00-14:00		
Test Area and Warm-Up Loop 08:30-18:00		
Men's 50km Mass Start Classic+Victory Ceremony 11:00-13:55		
Test Area and Warm-Up Loop 07:30-18:00		
Mass Start Classic+Victory Ceremony 10:00-13:25		

m - Version #10 - 31 August 2025\*







Sport Equipment Removal 17:00-18:30										os ed
Sport Equipment Removal 17:00-18:30										Ve nu e Cl
TCM Men's 10km Free 18:00-19:00										Ve nu e Cl
Sport Equipment Removal 17:00-18:30										Ve nu e Cl
TCM Women's Relay 4x7.5km 18:00-19:00										Ve nu e Cl
Sport Equipment Removal 16:30-18:15										Ve nu e Cl
TCM Men's Relay 4x7.5km 18:00-19:00										Ve nu e Cl
Sport Equipment Removal 16:30-18:15										Ve nu e Cl
TCM NCB 18:00-19:00										Ve nu e Cl
TCM M&W Team Sprint Free 18:00-19:00										Ve nu e Cl os ed
Sport Equipment Removal 17:00-18:30										Ve nu e Cl os ed
TCM NCB Team Sprint 18:00-19:00										Ve nu e Cl os ed
TCM Men's 50km 18:00-19:00										Ve nu e Cl os ed
Sport Equipment Removal 17:00-18:30										Ve nu e Cl os ed
TCM Women's 50km 18:00-19:00										Ve nu e Cl os ed

20:00		20:30					21:00					21:30					22:00					22:30											
10	15	20	25	30	35	40	45	50	55	00	05	10	15	20	25	30	35	40	45	50	55	00	05	10	15	20	25	30	35	40	45	50	55

**Courses Grooming (subject to weather conditions)**  
19:00 - 24:00

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