

TIME SCHEDULE TEAM NORWAY - TOKYO PARALYMPICS

SPORT	TIME	EVENT	ATHLETES	Kommentar
pr.03.08.21	Versjon 7			
25.08. Day 1		24 Medal events		
Table Tennis	11:30 - 13:00	MS5 Mens Single Qual	Tommy Urhaug	
Table Tennis	12:20 - 13:00	WS8 Womens Single Qual	Aida Dahlen	
Table Tennis	17:20 - 18:40	WS7 Women Single Qual	Nora Korneliussen	
Table Tennis	21:20 - 22:00	WS8 Women Single Qual	Aida Dahlen	
26.08. Day 2				
Table Tennis	09:40 - 11:00	MS5 Mens Single Qual	Tommy Urhaug	
Swimming	09:40 - 09:50	SM6 W 200m IM Heats	Sarah Louise Rung	
Swimming	10:25 - 10:30	SB9 M 100m Breast Heats	Fredrik Solberg	
Table Tennis	16:40 - 18:00	MS5 Mens Single Qual	Tommy Urhaug	
Table Tennis	16:40 - 18:00	WS7 Womens Single Qual	Nora Korneliussen	
Swimming	17:30 - 17:40	SM6 W 200m IM Final	Sarah Louise Rung	
Swimming	18:40 - 18:45	SB9 M 10m Breast Final	Fredrik Solberg	
27.08. Day 3				
Rowing	09:30 - 10:10	PR1W1x Single Sculls Heats	Birgit Skarstein	
Athletics	10:10 - 10:40	M100m T12 Heats	Salum Kashafali	
Table Tennis	11:00 - 11:40	WS8 Women Single Qual	Aida Dahlen	
Equestrian	15:00 - 18:20	Ind Test 1	Jens Lasse Dokkan	
Table Tennis	16:40 - 18:00	WS7 Womens Single Quarter final	Nora Korneliussen	
Table Tennis	17:20 - 18:00	MS5 Mens Single Quarter final	Tommy Urhaug	
Equestrian	18:50 - 21:50	Ind Test 3	Ann Cathrin Lübbe	
28.08. Day 4				
Rowing	09:30 - 10:10	PR1W1x Single Sculls Oppsam.	Birgit Skarstein	Hvis ikke direkte videre fra heat 27.8.
Table Tennis	09:40 - 10:40	WS7 Womens Single Semifinal	Nora Korneliussen	Denne session eller kl 14:20
Swimming	11:10 - 11:20	SB5 W 100m Breast Heats	Sarah Louise Rung	
Table Tennis	11:40 - 12:20	WS8 Women Single Semifinal	Aida Dahlen	
Athletics	12:30 - 12:45	M100m T12 Semifinals	Salum Kashafali	
Table Tennis	13:40 - 14:20	MS5 Mens Single Semifinal	Tommy Urhaug	
Table Tennis	14:20 - 15:00	WS7 Womens Single Semifinal	Nora Korneliussen	Denne session eller kl 09:40
Swimming	19:20 - 19:30	SB5 W 100m Breast Heats	Sarah Louise Rung	
29.08. Day 5				
Swimming	09:45 - 09:55	S9 M 50m Free Heats	Fredrik Solberg	
Table Tennis	10:00 - 10:45	MS5 Final/Bronze Match	Tommy Urhaug	
Athletics	10:10 - 11:20	F44 Discus Women Final	Ida Yessica Nesse	
Rowing	10:50 - 11:10	PR1W1x Single Sculls - Final	Birgit Skarstein	
Table Tennis	12:45 - 13:30	WS8 Final/Bronze Match	Aida Dahlen	
Swimming	17:35 - 17:40	S9 M 50m Free Final	Fredrik Solberg	
Athletics	21:00 - 21:10	M100m T12 Final	Salum Kashafali	
30.08. Day 6				
Table Tennis	11:45 - 12:30	WS7 Womens Single Final	Nora Korneliussen	
Equestrian	18:00 - 22:00	Ind Freestyle test	AC 18-19, JL 2030-2130	Hvis topp 8 i Individual Test 27.8.
31.08. Day 7				
Cycling	08:00 - 11:30	W Time trail H4-5	Suzanna Tangen	
Table Tennis	10:00 - 11:30	WT6-8 Womens Team Round 1	Aida D. / Nora K.	
Athletics	11:45 - 12:00	W100m T47 Heats	Ida Louise Øverland	
Table Tennis	16:30 - 18:00	WT6-8 Womens Team Quarterfinal	Aida D. / Nora K.	
Athletics	20:05-20:10	W100m T47 Final	Ida Louise Øverland	
01.09. Day 8				
Shooting	09:30 - 10:20	R3 Mix 10m AirRifle SH1 Qual	Jørn Dalen	
Shooting	11:30 - 12:00	R3 Mix 10m AirRifle SH1 Final	Jørn Dalen	
Shooting	11:30 - 12:30	R5 Mix 10m AirRifle SH2 Qual	Heidi Sørli-Rogne	
Cycling	12:20 - 13:10	W Road Race H1-4	Suzanna Tangen	
Shooting	13:45 - 14:15	R5 Mix 10m AirRifle SH2 Final	Heidi Sørli-Rogne	
Table Tennis	14:00 - 16:00	WT6-8 Womens Team Semifinal	Aida D. / Nora K.	
02.09. Day 9				
Badminton	09:00 - 21:00	WSL4 Gruppettspill	Helle Sofie Sagøy	
Table Tennis	11:30 - 13:00	WT6-8 Womens Team Final	Aida D./ Nora K.	
03.09. Day 10				
Badminton	09:00 - 21:00	WSL4 Gruppettspill	Helle Sofie Sagøy	
04.09. Day 11				
Badminton	09:00 - 21:00	WSL4 Semifinals	Helle Sofie Sagøy	
Athletics	11:50 - 12:05	W200m T47 Heat	Ida-Louise Øverland	
Shooting	12:30 - 13:30	R9 Mix 50m Rifle Prone SH2 Qual	Heidi Sørli-Rogne	
Shooting	14:45 - 15:15	R9 Mix 50m Rifle Prone SH2 Final	Heidi Sørli-Rogne	
Athletics	19:50 - 19:55	W200m T47 Final	Ida-Louise Øverland	
05.09. Day 12				
Badminton	09:00 - 14:00	WSL4 Finals	Helle Sofie Sagøy	
Shooting	09:30 - 10:20	R6 Mix 50m Rifle Prone SH1 Qual	Jørn Dalen	
Shooting	11:30 - 12:00	R6 Mix 50m Rifle Prone SH1 Final	Jørn Dalen	

