

Olympic Team Norway



Team and Media Guide



Norwegian Olympic Committee

NORWAY IN 100 SECONDS

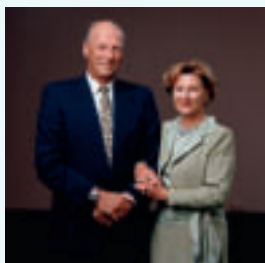


Photo: MORTEN KRØGVOLD/Det kongelige hoff

H.M. King Harald V
H.M. Queen Sonja

Area (total):

Norway	385.155 km ²
- Svalbard	61.020 km ²
- Jan Mayen	377 km ²
Norway (not incl. Svalbard and Jan Mayen)	323.758 km ²
Bouvet Island	49 km ²
Peter Island	156 km ²
Queen Maud Land	

Population (06.01.2010)..... 4.852.606

Main cities (01.01.09)

Oslo	575.475
Bergen	252.051
Trondheim	168.257
Stavanger	121.610
Kristiansand	80.109
Fredrikstad	72.260
Tromsø	66.513
Drammen	61.405
Sarpsborg	51.723

Life expectancy: Men: 78,3 Women: 82,9

Length of common frontiers:	2.542 km
- Sweden	1.619 km
- Finland	727 km
- Russia	196 km
- Shortest distance north/south	1.752 km
Length of the continental coastline	21.465 km
- Not incl. Fjords and bays	2.650 km
Greatest width of the country	430 km
Least width of the country	6,3 km

Largest lake: Mjøsa	362 km ²
Longest river: Glomma	600 km
Highest waterfall: Skykkjedalsfossen	300 m
Highest mountain: Galdhøpiggen	2.469 m
Largest glacier: Jostedalbreen	487 km ²
Longest fjord: Sognefjorden	204 km

Prime Minister: Jens Stoltenberg

Monetary unit:

NOK (Krone)..... 02.02.10: 1 CAD = 5.51 NOK – 1 EUR = 8.15 NOK

On a mandate from the Norwegian Olympic Committee (NOK) and Confederation of Sports (NIF) has been given the operative responsibility for all top sports in the country. In close co-operations with the sports federations, the NOK institutes and co-ordinates several activities to facilitate the athletic development.

The initiative was taken after the Olympic Games in 1984, as a project on a trial basis. It was made permanent in 1988, and in 1990 the responsibility was formally given to the NOK. At the core of the Norwegian Top Sports Programme, stands the reliance of the athlete and his or her coach. All other activities are seen as a support of this. Another central issue is to learn from each other experiences across traditional barriers between the different sports. The cross training has proven beneficial to those who have tried it.

In preparation for the 2010 Olympics, coaches and officials of the Olympic Team have been going through a training programme. When the athletes are training, why should not the rest of the Olympic Team train as well? The purpose of this is to prepare the support organisation, and to familiarise the whole team with the aims and objectives of the Norwegian Top Sports Programme.

The Olympic Team is organised under the Chef de Mission. He exercises his authority through his Team Directors and administrative personnel for administrative matters. The health team and the team of press attachés are organised under the Chef de Mission.

Being a small country, it is easy for Norway to establish an Olympic Team where everybody knows each other. That helps create secure and supportive surroundings for those who are to perform in the Olympic competition.



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Permanent address:

Norwegian Olympic
and Paralympic Committee and
Confederation of Sports
Serviceboks 1 Ullevål Stadion
N-0840 Oslo

Phone: +47-21 02 90 00

Fax: +47-21 02 90 01

E-mail: fellesadm@nif.idrett.no

Editor: Lars Otto Bjørnland

E-mail: lars.otto.bjornland@olympiatoppen.no



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Abbreviations:

OG: Olympic Games
WCh: World Championship
ECh: European Championship
WC: World Cup
NCh: National Championship
WR: World Record

NORWEGIAN OLYMPIC COMMITTEE

Dear Olympic competitors,



the 20th Olympiad since the Winter Games began is over, and marks the start of the 21st Olympic Winter Games in Vancouver. The Olympic Games have survived and developed considerably through all these years. Modern Olympic history goes back to 1896, but has its real starting point in Ancient Greece.

Modern top-level athletics, and our own philosophy about how we want our identity and culture to be, is also rooted in much of the same ideology that appears in the foundation pillars of the Olympic Ideal. Among other things, through the development of the all-round individual and utilisation of the individual's maximum potential in order to achieve the highest level of performance – the State of Performance – the constant state that characterises a top-level competitor's very existence.

At the last meeting in Trysil of the entire Olympic and Paralympic teams for Vancouver, we attached our goals and values to the Native American "dream catcher" symbol and the symbol for the whole of mankind – the balance between the physical, mental, emotional and spiritual. These are important elements to have with you in the witch's cauldron that the Olympic Games in many ways represent.

We have a strong and good feeling that we have done our utmost to be as prepared as possible for the Games. Some have faced challenges and not everything has gone smoothly. But the effort is characterised by the systematic hard work that the individual competitor, trainers and support personnel have put in. It has generated considerable energy and created expectations of good experiences and great performances. We have come to Vancouver from the best starting point possible, and the trick now is to unleash this in the most exciting and entertaining competition of them all.

We are 99 competitors and 120 trainers and support personnel who have all participated in defining our common goal. We shall be among the top three nations, which as you know means winning 20 to 25 medals, depending on the number within each category. But remember, it is not only we the team who have expectations but also the Norwegian people. This is a good feeling of support to have on board.

We know that it is now up to each and every one of us to perform, but the knowledge that we are many competing together makes us stronger.

Together for great performances.

We are ready – let the Games begin



Jarle Aambø

Tops Sports Manager

Norwegian Olympic Committee

Norway has participated in the Olympic Games since year 1900 (Paris)

Summer Games:

1900 Paris	8 athletes		1 silver	2 bronze
1906 Athens	26 athletes	2 gold	1 silver	
1908 London	58 athletes	2 gold	3 silver	3 bronze
1912 Stockholm	191 athletes	4 gold	1 silver	5 bronze
1920 Antwerp	190 athletes	13 gold	8 silver	9 bronze
1924 Paris	62 athletes	5 gold	2 silver	3 bronze
1928 Amsterdam	51 athletes	1 gold	2 silver	1 bronze
1932 Los Angeles	5 athletes	- no medals		
1936 Berlin	72 athletes	1 gold	3 silver	2 bronze
1948 London	79 athletes	1 gold	3 silver	3 bronze
1952 Helsinki	105 athletes	3 gold	2 silver	
1956 Melbourne	18 athletes	1 gold		2 bronze
1960 Roma	42 athletes	1 gold		
1964 Tokyo	26 athletes	- no medals		
1968 Mexico	47 athletes	1 gold	1 silver	
1972 Munich	116 athletes	2 gold	1 silver	1 bronze
1976 Montreal	64 athletes	1 gold	1 silver	
1984 Los Angeles	107 athletes		1 silver	2 bronze
1988 Seoul	71 athletes	2 gold	3 silver	
1992 Barcelona	95 athletes	2 gold	4 silver	1 bronze
1996 Atlanta	98 athletes	2 gold	2 silver	3 bronze
2000 Sydney	96 athletes	4 gold	3 silver	3 bronze
2004 Athens	50 athletes	5 gold		1 bronze
2008 Beijing	91 athletes	3 gold	5 silver	1 bronze

Total number of medals in Summer Games: 145 (56 gold, 47 silver, 42 bronze)

Winter Games:

1924 Chamonix	14 athletes	4 gold	7 silver	6 bronze
1928 St. Moritz	28 athletes	6 gold	4 silver	5 bronze
1932 Lake Placid	19 athletes	3 gold	4 silver	3 bronze
1936 Garmisch Partenkirchen	30 athletes	7 gold	5 silver	3 bronze
1948 St. Moritz	49 athletes	4 gold	3 silver	3 bronze
1952 Oslo	76 athletes	7 gold	3 silver	6 bronze
1956 Cortina	43 athletes	2 gold	1 silver	1 bronze
1960 Squaw Valley	29 athletes	3 gold	3 silver	
1964 Innsbruck	57 athletes	3 gold	6 silver	6 bronze
1968 Grenoble	65 athletes	6 gold	6 silver	2 bronze
1972 Sapporo	69 athletes	2 gold	5 silver	5 bronze
1976 Innsbruck	88 athletes	3 gold	3 silver	1 bronze
1980 Lake Placid	66 athletes	1 gold	3 silver	6 bronze
1984 Sarajevo	64 athletes	3 gold	2 silver	4 bronze
1988 Calgary	66 athletes		3 silver	2 bronze
1992 Albertville	83 athletes	9 gold	6 silver	5 bronze
1994 Lillehammer	94 athletes	10 gold	11 silver	5 bronze
1998 Nagano	84 athletes	10 gold	10 silver	5 bronze
2002 Salt Lake	82 athletes	13 gold	5 silver	7 bronze
2006 Turin	74 athletes	2 gold	8 silver	9 bronze

Total number of medals in Winter Games: 280 (98 gold, 98 silver, 84 bronze)

NORWEGIAN GOLD MEDAL WINNERS summer games

Athens 1896

Norway didn't participate

Paris 1900

No gold medals

St. Louis 1904

Norway didn't participate

Athens 1906

Gudbrand G. Skatteboe.....Shooting free rifle

20 men team.....Gymnastic

London 1908

Albert Helgerud.....Shooting free rifle

6 men teamShooting free rifle team

Stockholm 1912

"Magda IX", Johan Anker w/crewSailing 12 m

"Taifun", Thoralf Glad w/crewSailing 8 m

24 men team.....Gymnastic II team

Ferdinand BieAthletics

Berlin 1916

Cancelled

Antwerp 1920

"Heira II", Johan Friele w/crewSailing 12 m new

"Atalanta", Henrik Østervold w/crewSailing 12 m old

"Mosk", Chr. Archer Arentz w/crewSailing 10 m new

"Eleda", Erik Herseth w/crew.....Sailing 10 m old

"Sildra", Magnus Konow w/crewSailing 8 m new

"Irene", August Ringvold w/crewSailing 8 m old

"Jo", Andreas B. Brecke w/crewSailing 6 m new

Helge Løvland.....Athletics heptathlon

Otto M. OlsenShooting single shot deer

Ole A. Lilloe-OlsenShooting double shot deer

5 men teamShooting single shot team

5 men teamShooting double shot team

Otto M. Olsen.....Shooting army rifle

Paris 1924

Ole A. Lilloe-OlsenShooting double shot deer

4 men teamShooting single shot team

Otto von Porat.....Boxing heavyweight

"Bera", August Ringvold w/crewSailing 8 m

"Elisabeth V", Eugen Lunde w/crewSailing 6 m

Amsterdam 1928

„Norna”, Johan Anker, Crownprince Olav,

Erik Anker, Haakon P. BryhnSailing 6 m

Los Angeles 1932

No medals

NORWEGIAN GOLD MEDAL WINNERS summer games

Berlin 1936

Willy Røgeberg.....Shooting miniature rifle

1940-1944

No Olympic Games

London 1948

"Pan", Thor Thorvaldsen, Hakon Barfod, Sigve Lie.....Sailing Drake

Helsinki 1952

"Pan", Thor Thorvaldsen, Hakon Barfod, Sigve Lie.....Sailing Drake

John H. Larsen.....Shooting running deer

Erling Kongshaug.....Shooting miniature rifle

Melbourne 1956

Egil Danielsen.....Athletics javelin

Rome 1960

"Sirene", Peder Lunde Jr, Bjørn Bergvall.....Sailing Flying Dutchman

Tokyo 1964

No medals

Mexico City 1968

Steinar Amundsen, Tore Berger,

Jan Johansen, Egil Søby.....Kayak K-4 1000 m

Munich 1972

Knut Knudsen.....Cycling 4000 m track

Leif Jensen.....Weightlifting light heavyweight

Montreal 1976

Alf and Frank Hansen.....Rowing double sculls

Moscow 1980

Norway didn't participate

Los Angeles 1984

No gold medals

Seoul 1988

Jon Rønningen.....Wrestling 52 kg

Tor Heiestad.....Shooting quarry

Barcelona 1992

Jon Rønningen.....Wrestling 52 kg

Linda Andersen.....Sailing Europe

Atlanta 1996

Knut Holmann.....Kayak K-1 1000 m

Vebjørn Rodal.....Athletics 800 m

NORWEGIAN GOLD MEDAL WINNERS summer games

Sydney2000

Knut Holmann	Kayak K-1 1000 m
Knut Holmann	Kayak K-1 500 m
Trine Hattestad.....	Athletics javelin
Norway.....	Football women

Athens 2004

Andreas Torkildsen	Athletics javelin
Eirik Veraas Larsen	Kayak K-1 1000 m
Gunn-Rita Dahle	Mountain Bike
Olaf Tufte	Rowing single sculls
Siren Sundby	Sailing – Europe

Beijing 2008

Olaf Tufte	Rowing single sculls
Andreas Torkildsen	Athletics javelin
Norway	Handball women

NORWEGIAN GOLD MEDAL WINNERS winter games

Chamonix 1924

Thorleif Haug	Cross-country 18 km
Thorleif Haug	Cross-country 50 km
Thorleif Haug	Nordic combined
Jacob Tullin Thams	Ski-jumping

St. Moritz 1928

Johan Grøttumsbråten	Cross-country 18 km
Johan Grøttumsbråten	Nordic combined
Alf Andersen	Ski-jumping
Bernt Evensen	Speed skating 500 m
Ivar Ballangerud	Speed skating 5000 m
Sonja Henie	Figure skating

Lake Placid 1932

Johan Grøttumsbråten	Nordic combined
Birger Ruud	Ski-jumping
Sonja Henie	Figure skating

Garmisch-Partenkirchen 1936

Oddbjørn Hagen	Nordic combined
Birger Ruud	Ski jumping
Ivar Ballangerud	Speed skating 500 m
Charles Mathiesen	Speed skating 1500 m
Ivar Ballangerud	Speed skating 5000 m
Ivar Ballangerud	Speed skating 10000 m
Sonja Henie	Figure Skating

St. Mortiz 1948

Petter Hugsted	Ski jumping
Finn Helgesen	Speed skating 500 m
Sverre Farstad	Speed skating 1500 m
Reidar Liaklev	Speed skating 5000 m

Oslo 1952

Hallgeir Brenden	Cross-country 18 km
Simon Slåttvik	Nordic combined
Arnfinn Bergmann	Ski jumping
Stein Eriksen	Alpine skiing Giant slalom
Hjalmar Andersen	Speed skating 1500 m
Hjalmar Andersen	Speed skating 5000 m
Hjalmar Andersen	Speed skating 10000 m

Cortina 1956

Hallgeir Brenden	Cross-country 18 km
Sverre Stenersen	Nordic combined

Squaw Valley 1960

Håkon Brusveen	Cross-country 15 km
Roald Aas	Speed skating 1500 m
Knut Johannessen	Speed Skating 10000 m

NORWEGIAN GOLD MEDAL WINNERS winter games

Innsbruck 1964

Tormod Knudsen.....	Nordic combined
Toralf Engan.....	Ski jumping (STOR BAKKE)
Knut Johannessen.....	Speed skating 5000 m

Grenoble 1968

Harald Grønningen.....	Cross-country 15 km
Ole Ellefsæter.....	Cross-country 50 km
Norway (Odd Martinsen, Pål Tyldum, Harald Grønningen, Ole Ellefsæter).....	Cross-country 4x10 km relay
Norway (Inger Aufles, Babben Engen Damon, Berit Mørdre).....	Cross-country 3x5 km relay
Fred Anton Maier.....	Speed skating 5000 m
Magnar Solberg.....	Biathlon

Sapporo 1972

Pål Tyldum.....	Cross-country 50 km
Magnar Solberg.....	Biathlon

Innsbruck 1976

Ivar Formo.....	Cross-country 50 km
Jan Egil Storholt.....	Speed skating 1500 m
Sten Stensen.....	Speed skating 5000 m

Lake Placid 1980

Björg Eva Jensen.....	Speed skating 3000 m
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Sarajevo 1984

Norway (Inger Helene Nybråten, Anne Jahren, Brit Pettersen, Berit Aunli).....	Cross-country 4x5 km relay
Tom Sandberg.....	Nordic combined
Eirik Kvalfoss.....	Biathlon 10 km

Calgary 1988

No gold medals

Albertville 1992

Kjetil André Aamodt.....	Alpine skiing Super-G
Finn Christian Jagge.....	Alpine skiing Slalom
Bjørn Dæhlie.....	Cross-country 50 km Free
Vegard Ulvang.....	Cross-country 30 km Classical
Vegard Ulvang.....	Cross-country 10 km Classical
Bjørn Dæhlie.....	Cross-country 15 km Free mass start
Norway (Terje Langli, Vegard Ulvang, Kristen Skjeldal, Bjørn Dæhlie).....	Cross-country 4x10 km relay
Johan Olav Koss.....	Speed skating 1500 m
Geir Karlstad.....	Speed skating 5000 m

NORWEGIAN GOLD MEDAL WINNERS winter games

Lillehammer 1994

Bjørn Dæhlie	Cross-country 10 km Classical
Bjørn Dæhlie	Cross-country 15 km Free mass start
Thomas Alsgaard	Cross-country 30 km Free
Fred Børre Lundberg	Nordic combined
Espen Bredesen	Ski jumping K90
Lasse Kjus	Alpine skiing Combination
Stine Lise Hattestad	Freestyle skiing Moguls
Johan Olav Koss	Speed skating 1500 m
Johan Olav Koss	Speed skating 5000 m
Johan Olav Koss	Speed skating 10000 m

Nagano 1998

Bjørn Dæhlie	Cross-country 10 km Classical
Thomas Alsgaard	Cross-country 15 km Free mass start
Bjørn Dæhlie	Cross-country 50 km Free
Norway (Sture Sivertsen, Erling Jevne, Bjørn Dæhlie, Thomas Alsgaard)	Cross-country 4 x 10 km Relay
Bjarte Engen Vik	Nordic combined
Norway (Halldor Skard jr, Kenneth Braaten, Bjarte Engen Vik, Fred Børre Lundberg)	Nordic combined Team
Hans-Petter Buraas	Alpine skiing Slalom
Ådne Søndrål	Speed skating 1500 m
Halvard Hanevold	Biathlon 20 km individual
Ole Einar Bjørndalen	Biathlon 10 km individual

Salt Lake 2002



























Kjetil Andre Aamodt	Alpine skiing Combination
Kjetil Andre Aamodt	Alpine skiing Super-G
Ole Einar Bjørndalen	Biathlon 10 km
Ole Einar Bjørndalen	Biathlon 12,5 km pursuit
Ole Einar Bjørndalen	Biathlon 20 km
Norway (Frode Andresen, Ole Einar Bjørndalen, Egil Gjelland, Halvard Hanevold)	Biathlon 4 x 7,5 km relay
Frode Estil	Cross-country 10 km pursuit
Thomas Alsgaard	Cross-country 10 km pursuit
Bente Skari	Cross-country 10 km
Tor Arne Hetland	Cross-country sprint 1,5 km
Norway (Thomas Alsgaard, Anders Aukland, Frode Estil, Kristen Skjeldal)	Cross-country 4 x 10 km relay
Norway (Pål Trulsen, Lars Vågberg, Flemming Davanger, Bent Ånund Ramsfjell, Torger Nergaard)	Curling men
Kari Traa	Freestyle moguls

Torino 2006

Kjetil Andre Aamodt	Alpine skiing Super-G
Lars Bystøl	Ski jumping K 90

Medals Distribution Torino 2006

80 events – 15 disciplines

Nation:		Gold:	Silver	Bronze	Total
1. Germany		11	12	6	29
2. United States		9	9	7	25
3. Austria		9	7	7	23
4. Russia		8	6	8	22
5. Canada		7	10	7	24
6. Sweden		7	2	5	14
7. South Korea		6	3	2	11
8. Switzerland		5	4	5	14
9. Italy		5	0	6	11
10. France		3	2	4	9
11. Netherlands		3	2	4	9
12. Estonia		3	0	0	3
13. Norway		2	8	9	19
14. China		2	4	5	11
15. Czech Republic		1	2	1	4
16. Croatia		1	2	0	3
17. Australia		1	0	1	2
18. Japan		1	0	0	1
19. Finland		0	6	3	9
20. Poland		0	1	1	2
21. Belarus		0	1	0	1
21. Bulgaria		0	1	0	1
21. Great Britain		0	1	0	1
21. Slovakia		0	1	0	1
25. Ukraine		0	0	2	2
26. Latvia		0	0	1	1

Note:

80 NOC – 2.508 athletes (960 women/1.548 men)

Media – 9.408 (2.688 written press – 6.720 broadcasters)

NORWEGIAN OLYMPIC COMMITTEE and confederation of sports

FEDERATION PRESIDENTS



Paule, Tove
Born: 11.01.51 – Kongsberg
Residence: Drammen
President NOC
President Norwegian Olympic and
Paralympic Committee and
Confederation of Sports



Andersen, Inge
Born: 22.05.64 – Bergen
Residence: Vettre
General Secretary NOC
General Secretary Norwegian Olympic
and Paralympic Committee and
Confederation of Sports



Heiberg, Gerhard
Born: 24.03.39 – Oslo
Residence: Oslo
IOC Member
President Lillehammer Olympic
Organizing Committee (1989-1994)
President Lillehammer Paralympic
Organizing Committee (1989-1994)



Bøygard, Tore
Born: 24.08.52 – Ål in Hallindal
Residence: Ål in Hallingdal
Norwegian Biathlon Association



Ramsfjell, Bent Ånund
Born: 30.11.67 – Oslo
Residence: Asker
Norwegian Curling Association



Libæk, Ole-Jacob
Born: 08.12.37 – Oslo
Residence: Oslo
Norwegian Ice Hockey Association

NORWEGIAN OLYMPIC COMMITTEE and confederation of sports



Dyr Dahl, Bjørn
Born: 27.04.44 – Trondheim
Residence: Klæbu
Norwegian Luge, Bobsleigh and
Skeleton Association



Flatum, Cecilia
Born: 14.04.75 – Rana
Residence: Oslo
Norwegian Snowboarding Federation



Sørensen, Vibecke
Born: 15.10.68 – Oslo
Residence: Bærum
Norwegian Skaiting Association



Seeberg, Sverre K.
Born: 03.12.50 – Oslo
Residence: Oslo
Norwegian Ski Association

CHEF DE MISSION



Aambø, Jarle

Born: 26.03.60 – Tingvoll

Residence: Fjellhamar

Chef de Mission

Director/Manager of Elite Sport Programme

4th as Chef de Mission

6th as Team Official

Three OG as coach alpine skiing (1988, 1992, 1994)



Bahr, Ingrid

Born: 23.06.63 – Førde

Residence: Oslo

Ass. Chef de Mission – OLV Whistler

2nd OG as Team Official



Myrmæl, Marit

Born: 20.01.54 – Trondheim

Residence: Oslo

Ass. Chef de Mission – OLV

Vancouver

10th OG as Team Official

Athlete cross-country skiing Olympic Games 1976-1980-1984

STAFF



Lium, Guro

Born: 04.12.74 – Oslo

Residence: Oslo

Adm. Personnel (Administration)

2nd OG as Team Official



Århus, Kjetil

Born: 28.12.70 – Bergen

Residence: Bergen

Adm. Personnel (IT and

Transportation)

5th OG as Team Official

NORWEGIAN OLYMPIC TEAM

COACHES



Breivik, Marit

Born: 10.04.55 – Levanger

Residence: Oslo

Coach – Curling, Ice Hockey
1st OG as Coach

3 OG as Head Coach in handball
women

140 matches national team as player,
national coach 1994 – 2009: 1 OG
gold Medal, 1 WCh gold, 4 ECh gold
medal.



Kvålsvoll, Atle

Born: 10.04.62 – Trondheim

Residence: Trondheim

Coach – Nordic Combined
5th OG as Team Official

Former professional cyclist – Road
Race. Won the overall victory for
teams in Tour de France 1990 with
Greg Lemond as individual winner.
Athlete in Los Angeles OG 84.



Kaas, Dag

Born: 06.06.47 – Oslo

Residence: Oslo

Coach – Biathlon, Cross-Country
7th OG as Coach and Team Official
Former coach for the national
cross-country team women 1980-
85, head coach men and women
1984-85, sports director 1985-86.



Aamodt, Finn

Born: 07.01.52 – Oslo

Residence: Oslo

Coach – Alpine Skiing, Freestyle,
Snowboard
5th OG as Team Official. Sports Mana-
ger Norwegian Olympic Committee
1996-2004

SECURITY



Brattset, Rolf A.

Born: 21.07.58 – Oppdal

Residence: Oslo
Security
2nd OG as Team Official

MEDICAL OFFICERS



Rønsen, Ola
Born: 24.02.56 – Sørumsand
Residence: Skedsmokorset
MD, Chief Medical Officer
6th OG as MD, Medical Officer



Fossan, Bjørn
Born: 19.05.53 – Oslo
Residence: Oslo
Physiotherapist
10th OG as Medical Staff



Kolsrud, Lars
Born: 02.03.50 – Oslo
Residence: Oslo
MD, Medical Officer
6th OG as Medical Staff

Former gymnast. Three times Norwegian Champion, won the European Championship Jr in 1968.



Fredriksen, Hilde
Born: 31.03.60 – Oslo
Residence: Oslo
Physiotherapist
4th OG as Medical Staff



Holmlund, Heidi
Born: 15.02.76 – Narvik
Residence: Oslo
Nutritionist
2st OG as Medical Staff



Aase, Jon
Born: 08.11.67 – Lørenskog
Residence: Oslo
Masseur
2nd OG as Medical Staff

NORWEGIAN OLYMPIC TEAM

SPORTS PSYCHOLOGIST



Pensgård, Anne Marte
Born: 16.10.64 – Haugesund
Residence: Oslo
Sports Psychologist
4th OG as Sports Psychologist



Tajet-Foxell, Britt
Born: 17.02.48
Residence: ENG
Sports Psychologist
2nd OG as Sports Psychologist



Abrahamsen, Frank
Born: 18.12.73 – Tønsberg
Residence: Oslo
Sports Psychologist
2nd OG as Sports Psychologist



Lemyre, Nick
Born: 12.07.72 – Montreal – CAN
Residence: Oslo
Sports Psychologist
1st OG as Sports Psychologist

SPORTS PHYSIOLOGIST



Hem, Erlend
Born: 08.05.60 – Oslo
Residence: Oslo
Sports Physiologist
5th OG as Sports Physiologist



Carlsen, Kai Håkon
Born: 03.01.46 – Moss
Residence: Oslo
MD, Medical Officer
2nd OG as Medical Staff



Solbakken, Elisabeth
Born: 21.03.79 – Lillehammer
Residence: Oslo
Sports Physiologist
1st OG as Sports Physiologist



Johansen, Ståle
Born: 09.06.72 – Elverum
Residence: Lom
Chef
2nd OG as Team Official

CHEF



Skogvoll, Trond
Born: 26.07.68 – Narvik
Residence: Mandal
Chef
6th OG as Team Official



Haugen, Torbjørg
Born: 13.09.60 – Flekkefjord
Residence: Sirdal
Chef
2nd OG as Team Official

PRESS ATTACHÉS



Lea, Halvor
Born: 24.07.65 – Stavanger
Residence: Oslo
Chief Press Attaché
Alpine Skiing, Biathlon
6th OG as Press Attaché
Mobile in Canada: 6044 04 1987



Eide, Gro
Born: 21.10.63 – Trondheim
Residence: Trondheim
Press Attaché
Freestyle, Snowboard, Speed Skating
7th OG as Press Attaché
Mobile in Canada: 6044 04 1989

NORWEGIAN OLYMPIC TEAM



Hyvang, Jørgen
Born: 03.03.71 – Lørenskog
Residence: Oslo
Press Attaché
Nordic Combined, Ski Jumping
1st OG as Press Attaché
Mobile in Canada: 6044 04 1991



Nereng, Rolf
Born: 03.05.49 – Oslo
Residence: Oslo
Press Attaché
Cross-Country
5th OG as Press Attaché
Mobile in Canada: 6044 04 1990



Bjørnland, Lars Otto
Born: 14.11.54 – Sarpsborg
Residence: Sarpsborg
Press Attaché
Curling, Ice Hockey, Skeleton
8th OG as Press Attaché
Mobile in Canada: 6044 04 1988

RESEARCH AND DEVELOPMENT



Lier, Arne
Born: 10.03.46 – Rena
Residence: Bekkestua
Project Administrator
National coach in Speed Skating
1979-1984



Mikkelsplass, Eilef
Born: 07.10.58 – Oslo
Residence: Bromma



Skorstad, Håvard
Born: 12.02.73 – Ringerike
Residence: Oslo
Ski Technician
1st OG



Stuvseth, Olav
Born: 09.04.61 – Oslo
Residence: Hokksund
Ski Technician
3rd OG



Breitschädel, Felix
Born: 29.11.79 – Salzburg, AUT
Residence: Trondheim
PhD Student
1st OG



Tretterud, Per Olav
Born: 25.01.73 – Ringerike
Residence: Drammen
Ski Technician
1st OG



Løset, Sveinung
Born: 19.06.56 – Dalsfjord
Residence: Trondheim
Professor
1st OG



WHISTLER CREEKSIDE

Elevation: Highest start: 1678 m, Lowest finish: 810 m – **Gross Capacity:** 7,700 – Distance from: OLV Whistler: 4.1 km, OLV Vancouver : 120 km, Whistler Olympic Celebration Plaza: 4.3 km – **Base Weather (February 12 to 28, 2008):** Average temperature 1.1 °C, Total snowfall during period: 18.5 cm, Maximum daily snowfall: 9.9 cm – **Mid-Mountain Weather (February 12 to 28, 2008):** Average temperature: -2.8 °C, Total snowfall: 30.1 cm, Maximum daily snowfall: 12.5 cm, Extreme minimum temperature: -10.5 °C

AKSEL LUND SVINDAL – HEIR-APPARENT TO AAMODT AND KJUS

Aksel Lund Svindal is in the throes of taking the Norwegian alpine skiing heritage one step further following Kjetil André Aamodt and Lasse Kjus. But the 27-year old has no easy challenge ahead since Aamodt is history's most successful alpine skier with as many as 20 Olympic and World Championship medals, including four Olympic and five World Championship gold medals, whereas Lasse Kjus has 16 individual championship medals, among them one Olympic gold medal and three World Championship gold medals.

However, Lund Svindal has already made his mark as a typical winner and championship skier. In

his career so far, he has won five World Championship medals, three of which are gold. He has also twice won the combined World Cup trophy. Everyone is now waiting eagerly to see if Lund Svindal will start bagging Olympic medals in Vancouver. In Turin, where he had his Winter Olympic debut, he came fifth in Super G, sixth in giant slalom and 21st in downhill. No doubt, the Norwegian alpine favourite intends to reach higher this time.

But the way to Vancouver has indeed been a long and winding one for Lund Svindal. In Beaver Creek, Colorado, in December 2007, he was seriously injured in downhill training and missed the



rest of the 2007/2008 season. Following a long and demanding recovery after the injury, he raced his first competition after Beaver Creek in Sölden, Austria, in October 2008 (13th place). He was very convincing in his comeback season by winning the combined World Cup trophy and the World Championship gold medal in the super combination.

The preparations for the 2010 Winter Olympic season have also had its fair share of problems. After dislocating his shoulder, he underwent a shoulder operation in April and had a late start for his basic training. In the competition training phase before the season was due to start in Sölden, he suffered a leg injury, which troubled him for almost two

months. The World Cup season has had its ups and downs for Lund Svindal, but he has made steady progress, and no one doubts that he will be among the best alpine skiers when the Vancouver Games start.

It will also be exciting to see if Kjetil Jansrud and Lars Elton Myhre can succeed in having their championship breakthrough. Jansrud stood on the podium for his first World Cup placing in Adelboden, Switzerland, in January 2009, and on several occasions he has produced the best run time in the slalom and giant slalom events. Jansrud can easily be an outsider in Vancouver.

For more information, log on at:
www.skiforbundet.no

THE NORWEGIAN ALPINE SKIING TEAM



Li, Jørund
Born: 11.05.68 – Drammen
Residence: Ål
Team leader/Sport Director
 3rd OG
 Coach national teams since 1996
 Alpine director since 2005



Arnesen, Marius
Born: 18.01.72 – Oslo
Residence: Oslo
Coach, men
 3rd OG



ALPINE SKIING



Moger, Tron
Born: 07.03.78 – Hønefoss
Residence: Oslo
Coach – men
1st OG



Tjørhom, Håvard
Born: 29.05.80 – Flekkefjord
Residence: Oslo
Coach – men
1st OG



Gamper, Franz Josef
Born: 22.11.52 – Ultimo, ITA
Residence: Ulten, ITA
Coach, men



Reid, Robert
Born: 06.01.71 – Houston, USA
Residence: Oslo
Coach – men
2nd OG



Danielsen, Arild
Born: 10.08.52 – Fredrikstad
Residence: Spydeberg
MD, Medical Officer
2nd OG



Reginiussen, Trond
Born: 04.11.57 – Hammerfest
Residence: Alta
Physiotherapist, men
2nd OG



Habersatter, Ernst
Born: 11.04.56 – Radstadt, AUT
Residence: Radstadt – AUT
Ski race service
 6th OG



Unterberger, Eduard
Born: 05.05.70 – BH St. Johann im Pongau, AUT
Residence: Dorfgastein, AUT
Ski service



Owesen, Svein Erik
Born: 05.09.67 – Kristiansund
Residence: Averøy
Head coach – women



Nordlund, Karl Jørgen
Born: 14.12.71 – Filipstad, SWE
Residence: Ulrighamn, SWE
Coach – women



Zirovnik, Zvonko
Born: 14.06.66 – Maribor, SLO
Residence: Fram, SLO
Ski service – women

MEN



HAUGEN, LEIF KRISTIAN

Club: Lommedalen IL
Born: 29.11.87 – Bærum
Residence: Denver, Colorado, USA/Lommedalen, NOR
Height: 185 cm
Civil Status: Single



Occupation: Student (University of Denver)/skier

Hobby: River rafting

Favourite music: Pearl Jam

Favourite film: Bulldog Saints, Lock Stock and two smoking barrels

Favourite book genre: The Alchemist by Paulo Coelho

Favourite food: Burritos

Greatest sport moment: WC Alta Badia, 16th place giant slalom/Winning NCAA Championship with Denver

Sports idol: Lance Armstrong

Languages spoken: Norwegian, English and German



JANSRUD, KJETIL

Nickname: "Jølle"

Club: Peer Gynt Alpinklubb

Born: 28.08.85 – Stavanger

Residence: Oslo

Height: 184 cm

Civil Status: Single

Occupation: Alpine skier

Hobbies: Guitar, computers

Favourite book genre: Fantasy

Favourite food: Lamb chops

Greatest sport moment: Liverpool Champions League victory 2005

Languages spoken: Norwegian, English and German

Previous results:

OG: 06: GS/DNF – C/10

WCh: 05: SL/DNF – 09: SG/DNF – SC/9 – GS/DNF – SL/DNF



KARLSEN, TRULS OVE

Club: Sæli Alpinklubb

Born: 25.04.75 – Oslo

Residence: Trondheim

Height: 174 cm

Civil Status: Cohabit

Occupation: Skier

Hobbies: Music, books, soccer

Favourite music: Opeth, Enslaved, Ahab, Black Sabbath

Favourite film: Blade Runner

Favourite book genre: Fantasy

Favourite food: Sesam

Greatest sport moment: Champions League final 2005, Liverpool victory

Sports idol: Sverre Brandhaug, Roar Strand

Languages spoken: Norwegian, English and German

Previous results:

OG: 02: SL/DNF – C/DNF

WCh: 03: GS/24 – SL/DNF, 05:

SL/DNF, 07: GS/6 – SL/7, 09: GS/13 – SL/DSQ



MYHRE, LARS ELTON

Nickname: "Myrulf"

Club: Gjøvik Skiklubb

Born: 17.08.84 – Gjøvik

Residence: Gjøvik

Height: 184 cm



Civil Status: Unmarried
Occupation: Skier
Hobbies: Soccer, windsurfing, tennis, beach volleyball
Favourite music: Hip hop, rap
Favourite film: Rocky
Favourite book genre: True stories
Favourite food: Norwegian
Greatest sport moment: Wimbledon final 2008
Sports idol: Roger Federer
Languages spoken: Norwegian, English and German
Previous results:
OG: 06: SL/DNF
WCh: 07: SL/10, 09: SG/DNF – DH/DNF – SC/DSQ – SL/11
NCh: 8



SVINDAL, AKSEL LUND

Nickname: "Axl"
Club: Nero
Born: 26.12.1982 – Lørenskog
Residence: Innsbruck, AUT
Height: 189 cm
Civil Status: Unmarried
Occupation: Athlete
Hobbies: Windsurfing, music
Favourite music: Changes, depends on the mood
Favourite film: Pulp fiction
Favourite book genre: Doesn't matter if it is good
Favourite food: BBQ
Greatest sport moment: Beaver Creek comeback
Sports idol: Kjetil André Aamodt
Languages spoken: Norwegian, English and German
Previous results:
OG: 06: DH/21 – C/DNF – SG/5 – GS/6 – SL/DNF
WCh: 03: DH/22 – SG/DNF – GS/5, WCh 05: DH/7 – SG/7 – GS/6 –

SL/12 – C/2, WCh 07: SG/13 – SC/5 – DH/1 – GS/1 – SL/DNF, WCh 09: SG/3 – DH/11 – SC/1 – GS/9
Other: World Cup overall winner 2007 and 2009

WOMEN



LØSETH, MONA

Club: Spjelkavik
Born: 11.04.91 – Ålesund
Residence: Ålesund
Height: 172 cm
Civil Status: Single
Occupation: Alpine skier
Hobbies: Golf, squash, friends
Favourite music: R&B, rock, house
Favourite film: I am Sam, Slumdog millionaire
Favourite book genre: Crime
Favourite food: Taco, pizza, beef
Greatest sport moment: My first WC-points in Garmisch
Languages spoken: Norwegian and English
Previous results:
WCh jr: 09: SL/4. GS/4
NCh: 1 (King Haralds trophy)



WHISTLER OLYMPIC PARK

Elevation: Highest point: 890 m. Stadium: 870 m – **Gross Capacity:** 9,000 – **Distance from:** OLV Whistler: 15 km, OLV Vancouver: 117 km, Whistler Olympic Celebration Plaza: 23 km – **Callaghan Valley Weather (February 12 to 28, 2008):** Average minimum temperature -2.9°C , Average maximum temperature: 5.8°C , Average temperature: -0.6°C , Total snowfall: 40.2 cm, Maximum daily snowfall: 20.4 cm

BJØRNDALEN HEADING STRONG NORWEGIAN TEAM

Norway has a very strong team in the men's competitions in the Vancouver Olympic Games headed by Ole Einar Bjørndalen (36). The Simostranda (south-eastern Norway) veteran has four individual Winter Olympic gold medals, 11 World Championship gold medals and as many as 91 World Cup victories in biathlon. Besides, he has a cross-country World Cup victory.

However, Norway has more gold medal candidates than Ole Einar Bjørndalen. In the latest World Championships Norway took the four first places in the sprint event (Bjørndalen, Berger, Hanevold and Os). Moreover the team features young biathlete Tarjei Bø

(21) in addition to the more famous Emil Hegle Svendsen (24), by many seen as Bjørndalen's successor.

Hegle Svendsen was taken ill during the 2009 World Championships, but was nevertheless in the Norwegian gold medal winning relay team. In Østersund, Sweden, in 2008, he won his first two World Championship gold medals beating team mate Bjørndalen in the sprint finish in the simultaneous start event. Hegle Svendsen's Olympic debut – and his only Olympic competition so far – came with the 6th place in the Turin simultaneous start event. The Norwegian men aim at winning the Olympic relay gold



medal in addition to taking medals in all the individual events.

As for the women, it is Tora Berger (28) who is the Norwegian chief medal favourite. Up till now, Berger has not won any championship gold medals, but she took the bronze in the 2009 World Championship 15 km event and the silver in the 2008 simultaneous start event. In the latter championships she was placed 4-4-4-2 in the individual events, so there is no reason to doubt Berger's ability to win a medal when her form is good. Also, Ann Kristin Aafedt Flatland (27) will be a Norwegian outsider. She has been making fine progress this season and won her first place ever on the podium in a World Cup race when she came third in the January Oberhof (Germany) sprint event.

The Norwegian Biathlon Association has approximately 8000 members, an increase of 3000 members since the successful 2002 Salt Lake Winter Olympics. There are approximately 180 official biathlon clubs in Norway. The country has about 130 biathlon facilities.

Norway has won 8 individual Olympic gold medals over the years, i.e. by Magnar Solberg (1968 and 1972), Eirik Kvalfoss (1984), Halvard Hanevold (1998) and Ole Einar Bjørndalen (1998 and three in 2000). Norway has also won the men's relay gold medal once, i.e. in 2000 (Egil Gjelland, Frode Andresen, Halvard Hanevold and Ole Einar Bjørndalen).

For more information, log on at:
www.skiskyting.no

THE NORWEGIAN BIATHLON TEAM



Botnan, Per Arne
Born: 19.09.69 – Oppdal
Residence: Oslo
Sports director



Løfgren, Mikael
Born: 02.09.69 – Torsby, SWE
Residence: Torsby, SWE
Head coach – men
 4 OG as athlete, 3rd in relay, 3rd in 20 km 1992
 1st overall World Cup 1993



BIATHLON



Berland, Knut Tore
Born: 07.12.64 – Skånøvik
Residence: Lillehammer
Head coach – women



Grubben, Roger
Born: 05.06.69 – Mosjøen
Residence: Sinnes
Coach
3rd OG



Himle, Joar
Born: 03.08.68 – Voss
Residence: Voss
Coach
3rd OG as coach. IBU Coach of the year 2008/09



Steinslett, Geir Ole
Born: 28.04.80 – Vefsn
Residence: Vestre Gausdal
Coach women – shooting
1st OG



Rauntun, Rakel
Born: 22.09.71 – Vang
Residence: Finstadjordet
Adm. Personell
1st OG



Eriksen, Helge
Born: 25.07.66 – Tana
Residence: Røyken
Physiotherapist
4th OG as physiotherapist



Hagen, Ragnar
 Born: 27.05.71 – Ål
 Residence: Oslo
 Psychologist
 1st OG as Psychologist



Haugen, Tom Idar
 Born: 29.19.70 – Porsgrunn
 Residence: Lilehammer
 Service waxing
 1st OG



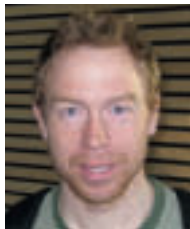
Hinteregger, Friedrich
 Born: 12.09.65 – Bruneck, ITA
 Residence: Pfalzen, ITA
 Masseur
 1st OG as Masseur



Söderberg, Thomas
 Born: 10.10.73 – Kristinehamn, SWE
 Residence: Kossen, GER
 Service waxing
 3rd OG



Moen, Svein Ivar
 Born: 25.07.73 – Ål
 Residence: Lillehammer
 Head of waxing team
 3rd OG



Seljeseth, Johnny
 Born: 15.05.72 – Ålesund
 Residence: Hornindal
 Service waxing
 2nd OG



BIATHLON athletes

Nygaard, Lars Axel

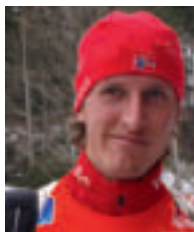
Born: 15.02.62 – Sør Holand

Residence: Haltdalen

Weapon smith

2nd OG

MEN



BERGER, LARS

Nickname: „Der Elch“

Club: Dombås IL/Byåsen IL

Born: 01.05.79 – Levanger

Residence: Lesja

Height: 189 cm

Civil status: Unmarried/girlfriend

Occupation: Biathlete

Hobbies: Cycling, mountain hiking, backcountry skiing, books and DVDs

Favourite film: The Godfather

Favourite book genre: Action

Favourite food: Meat balls with brown sauce and potatoes

Sport Idol: Egil Gjelland

Languages spoken: English, German

Previous results:

WCh Biathlon: 04: Spr/14, Pur/11, Ind/24, Mas/2, Rel/2, WCh 05: Spr/44, Pur/32, WCh 07: Spr/14, Pur/11, Ind/49, Mas/17, Rel/2 WCh 09: Spr/2, Pur/5, Ind/34, Mas/29, Rel/1
WCh cross-country: 05: 15 km f/4, 4x10km/1, Wch 07: 15 km f/1, 4x10km/1



BJØRNDALEN, OLE EINAR

Nickname: “Klumpi”

Club: Simostranda IL

Born: 27.01.74 – Drammen

Residence: Obertilliach, AUT

Height: 179 cm

Civil Status: Married

Occupation: Biathlete

Hobbies: Motor, bicycling, horses

Favourite music: Dire Straits

Favourite film: Braveheart, Achilles

Favourite food: Pizza

Greatest sport moment: Gold medal in Nagano Olympics

Sport Idol: Bjørn Dæhlie

Languages spoken: German, English

Previous results:

OG 94: Ind/36, Spr/28, Rel/7, OG 98: Ind/7, Spr/1, Rel/2, OG 02: Ind/1, Spr/1, Pur/1, Rel/1, Xc: 30K/5, OG 06: Ind/2, Spr/12, Pur/2, Rel/5, Mas/3
WCh 95: Ind/12, Spr/4, Rel/5, WCh 96: Ind/19, Spr/6, Rel/4, Tm/4, WCh 97: Ind/6, Spr/9, Pur/3, Rel/2, Tm/4, WCh 98: Pur/2, Tm/1, WCh 99: Ind/4, Spr/19, Pur/5, Mas/3, Rel/3, WCh 00: Ind/20, Spr/5, Pur/4, Mas/3, Rel/3, WCh 01: Ind/10, Spr/19, Pur/4, Mas/2, Rel/3, WCh 02: Mas/7, WCh 03: Ind/30, Spr/1, Pur/8, Mas/1, Rel/4, WCh 04: Ind/3, Spr/3, Pur/3, Mas/7, Rel/2, WCh 05: Ind/6, Spr/1, Pur/1, Mas/1, Rel/1, WCh 07: Spr/1, Pur/1, Ind/32, Rel/2, Mas/4, WCh 08: Spr/3, Pur/1, Ind/2, Mas/2, Rel/2, WCh 09: Spr/1, Pur/1, Ind/1, Mas/4, Rel/1



BØ, TARJEI

Nickname: "Junior"

Club: Markane IL

Born: 29.07.88 – Stryn

Residence: Lillehammer

Height: 185 cm

Civil Status: Girlfriend

Occupation: Biathlete

Hobbies: Cycling, climbing

Favourite music: Aha

Favourite film: Shooter

Favourite book genre: Crime/Stieg Larsson

Favourite food: Taco and pizza

Greatest sport moment: Petter Northug jr relayfinish in Sapporo WCh

Sports idol: Petter Northug jr. and Ole Einar Bjørndalen

Languages spoken: English

Previous results:

National Championships: 1

Other: 1 gold-, 3 silver- and 2 bronze medals in WCh jr.



HANEVOLD, HALVARD

Club: Asker Skiclub

Born: 03.12.69 – Asker

Residence: Asker

Height: 180 cm

Civil Status: Unmarried

Occupation: Biathlete

Favourite book genre: Crime

Favourite food: Beefsteak

Greatest sport moment: Gold medal in Nagano Olympics 1998

Languages spoken: English, German

Previous results:

OG: 94: Ind/46, Rel/7, OG 98: Ind/1, Spr/8, Rel/2, OG 02: Ind/5, Spr/13, Pur/8, Rel/1, OG 06: Ind/3, Spr/2, Pur/5, Mass/7, Rel/5

WCh: 94: Tm/4, WCh 95: Tm/1, WCh 96: Ind/34, Tm/4, WCh 97: Tm/4, WCh 98: Pur/13, Tm/1, WCh 99: Ind/37, Spr/13, Pur/13, Mas/17, Rel/3, WCh 00: Ind/10, Spr/12, Pur/5, Mas/10, Rel/2, WCh 01: Ind/44, Spr/3, Pur/9, Mas/9, Rel/3, WCh 02: Mas/12, WCh 03: Ind/1, Spr/4, Pur/2, Mas/8, Rel/4, WCh 04: Ind/38, Spr/18, Pur/5, Mas/5, Rel/2, WCh 05: Ind/30, Mas/11, Rel/1, Mixrel/10, WCh 07: Spr/23, Pur/20, Ind/10, Mas/18, Rel/2 WCh 08: Spr/2, Pur/9, Ind/17, Mas/5, Rel/2, WCh 09: Spr/3, Pur/6, Ind/71, Mas/13, Rel/1



OS, ALEXANDER

Club: Ishavslaget

Born: 21.01.80 – Fauske

Residence: Tromsø

Height: 184 cm

Civil Status: Girlfriend

Occupation: Biathlete

Languages spoken: English

Prevoius results:

WCh: 08: Ind/41, WCh 09: Spr/4, Pur/3, Ind/28



SVENDSEN, EMIL HEGLE

Club: Trondheims SSK
Born: 12.07.85 – Trondheim
Residence: Trondheim
Height: 185 cm
Civil Status: Girlfriend
Occupation: Biathlete
Hobbies: Data, music, friends and girlfriend
Favourite music: Love music
Favourite film: Gladiator
Favourite book genre: Crime
Favourite food: Italian
Greatest sport moment: 1st gold medal WCh 2008
Sports idol: Børre Næss
Languages spoken: Norwegian, English, German

Previous results:

OG: 06: MASS/6
WCh: 07: Spr/7, Pur/5, WCh 08: Spr/12, Pur/12, Ind/1, Mas/1, Rel/2, WCh 09: Mas/12, Rel/1

WOMEN



BERGER, TORA

Club: Dombås IL
Born: 18.03.81 – Ringerike
Residence: Lesja
Height: 166 cm
Civil Status: Engaged
Occupation: Biathlete
Hobbies: My dogs ("Tussi" and "Tarzan"), knitting, hunting, fishing
Favourite film: Notting hill
Favorite book genre: Dan Brown, Unni Lindell, Jo Nesbø, Liza Marklund, Stieg Larsson
Favourite food: Norwegian waffles
Greatest sport moment: 1st place WC Kontiolahti
Languages spoken: English

Previous results:

OG: 06: Ind/13, Spr/23, Pur/18, Rel/5, Mas/25
WCh: 05: Ind/21, Spr/11, Pur/19, Mas/13, Rel/5, Mixrel/10, WCh 07: Spr/10, Pur/19, Ind/4, Mas/25, Rel/3, WCh 08: Spr/4, Pur/4, Ind/4, Mas/2, Rel/6 WCh 09: Spr/19, Pur/9, Ind/3, Mas/15, Rel/11



EIKELAND, LIV KJERSTI

Club: Hålandsdalen IL
Born: 20.03.79
Residence: Lillehammer
Height: 173 cm
Civil Status: Engaged
Occupation: Biathlete/student
Hobbies: Mountain hiking and nature life
Favorite film: Cold Mountain
Favorite book genre: Jo Nesbø, Stig Larsson
Favourite food: Norwegian traditional food called "pinnekjøtt" (salted and dried ribs of mutton)
Languages spoken: Norwegian and English
Previous results:
WCh: 05: Ind/16, 07: Ind/30



FLATLAND, ANN KRISTIN

Club: Vik IL
Born: 06.11.82 – Oslo
Residence: Vik i Sogn
Height: 173 cm
Civil Status: Engaged
Occupation: Athlete/student
Hobbies: Hunting, wildlife, winter cottage
Favourite music: Odeon
Favorite film: Ni liv
Favorite book genre: Jo Nesbø/crime (Snømannen)
Favourite food: Pizza

Greatest sport moment: 5th place
 WCh Antholz

Languages spoken: English

Previous results:

WCh: 05: Spr/22, Pur/37, WCh 07: Spr/5, Pur/24, Ind/48, Mas/18, Rel/3, WCh 08: Spr/51, Pur/48, Ind/12, Mas/28, Rel/6, WCh 09: Spr/33, Pur/30, Ind/51, Rel/11



ISTAD KRISTIENSEN, GRO MARIT

Nickname: "Goggo", "Gokken"
Club: Voss SSL
Born: 09.02.78 – Voss
Residence: Kristiansand
Height: 175 cm
Civil Status: Married
Occupation: Biathlete
Hobbies: Cats, boating, sewing
Favorite film: "Jenta som lekte med ilden"
Favorite book genre: Jo Nesbø
Favourite food: Traditional Norwegian course, "Smalahove" (See "Best of Norway" in the team guide)
Languages spoken: Norwegian, English and German
Other: Retired in 2007, but made a comeback this season and qualified for the Norwegian Olympic Biathlon team
Previous results:
OG 02: Spr/53, Pur/40, 06: Spr/40, Pur/40
WCh: 99: Ind/13, Spr/23, Pur/26, Mas/17, Rel/4, 00: Ind/22, Spr/15, Pur/39, Mas/25, Rel/5, 01: Spr/16, Pur/46, Rel/4, 03: Ind/46, Spr/33, Pur/49, Rel/8, 04: Ind/23, Spr/16, Pur/7, Mas/5, Rel/1, 05: Ind/26, Spr/25, Pur/10, Mas/1, Rel/5



ROGSTAD, SOLVEIG

Club: Skrautvål IL

Born: 31.07.82 – Fagernes

Residence: Trondheim

Height: 175 cm

Civil Status: Cohabit

Occupation: Biathlete

Hobbies: Knitting, food, hiking, playing violin

Favourite music: Valkyrien Allstars

Favourite film: "Så som i himmelen"

Favourite book genre: Crime

Favourite food: Tapas

Greatest sport moment: Winning World Cup in Ruhpolding

Sports idol: Inger Helene Nybråten, former Cross country athlete from Norway

Languages spoken: English, German

Previous results:

WCh: 08: Spr/15, Pur/24, Ind/10, Mas/16, Rel/6, WCh 09: Spr/24, Pur/23, Ind/43



WHISTLER OLYMPIC PARK

Elevation: Highest point: 920 m, Stadium: 860 m – **Gross Capacity:** 9,000 – Distance from: OLV Whistler: 15 km, OLV Vancouver: 117 km, Whistler Olympic Celebration Plaza: 23 km – **Callaghan Valley Weather (February 12 to 28, 2008):** Average minimum temperature -2.9°C , Average maximum temperature: 5.8°C , Average temperature: -0.6°C , Total snowfall: 40.2 cm, Maximum daily snowfall: 20.4 cm

DEBUTANT AND FAVOURITE IN ALL EVENTS

The Norwegian cross-country team will include a very special debutant in the Vancouver Olympics. Petter Northug jr. (24) may participate in all the competitions – and he will also be among the favourites every time he starts. Northug jr. participated in his first championship at senior level in the 2007 Sapporo World Championships with a gold medal in the relay event, when he skied the decisive anchor leg for Norway. On that occasion, the world for the first time saw his extreme ability to pull away and leave his competitors as if they were “parked” in the cross-country skiing stadium.

Last year he took another three gold medals in the (Czech) Libe-

rec World Championships after very convincing skiing and winning several events by means of his unique “pull away”.

Petter is an extrovert, tough, brave and clear person, who is not afraid of putting pressure on himself. Lively comments both before and after convincing victories have made him a little controversial, but enormously popular in Norway. Just a few weeks ago he was awarded “The Name of the Year” prize after a vote among the Norwegian people.

In this year’s “Tour de Ski” race earlier this season he came second in the aggregate after leading the competition all the way until the last steep leg up the al-



CROSS COUNTRY

pine pistes in Italy's Val di Fiemme.

-I'm going home to Norway to train and prepare for the Vancouver Games, which of course are my chief goal this season. I want revenge from Tour de Ski," he said after finishing in Italy.

And revenge is probably also a frequently used word in Norwegian cross-country this year. The results in the 2006 Turin Olympics were far below the expectations held at the time. The complete lack of Norwegian cross-country gold medals was the weakest result since 1988. Then, as now, the Olympic Games were staged in Canada – in Calgary, Alberta. The Norwegian team went home without a single gold medal in any event, which, incidentally, caused a

heated debate and led to all-round mobilisation in Norway.

On this background we have a lot to prove in the cross-country events – in Canada.

-Our aim is to become the best cross-country nation in Vancouver both among the women and men. This means we shall have to fight for medals in each and every event, says Sports Manager Åge Skinstad, who has stuck to a traditional plan in his preparations for the Games.

-After the national championships 21-24 January, we have trained in high altitudes in Sun Valley, the same place where we stayed before the 2002 Salt Lake Olympics, says Skinstad.

For more information, log on at:
www.skiforbundet.no

THE NORWEGIAN CROSS-COUNTRY TEAM



Skinstad, Åge

Born: 18.09.64 – Gjøvik

Residence: Gjøvik

Team leader/ Cross Country director

1st OG as director Cross Country

8 OG as media



Løfshus, Vidar

Born: 22.02.70 – Løkken Verk

Residence: Vestby

Ass team leader

1st OG as Coach

1 OG as waxing personnel



Djupvik, Morten Aa
 Born: 15.01.75 – Volda
 Residence: Lillehammer
 Head coach men allround
 2nd OG as Coach



Aune, Ulf Morten
 Born: 21.09.61 – Tromsø
 Residence: Stockholm
 Head coach men's sprint team
 4th OG as Coach



Kristiansen, Egil
 Born: 18.01.66 – Lillehammer
 Residence: Vinstra
 Head coach women
 2nd OG as coach

Athlete in OG 1994 – 8th place
 30 km F



Schjetne, Jon Arne
 Born: 04.10.73 – Trondheim
 Residence: Gjøvik
 Coach
 1st OG as Coach
 1 OG as waxer for USA



Baldishol, Brit
 Born: 17.01.68 – Røros
 Residence: Oslo
 Logistic CC
 2nd OG



CROSS COUNTRY



Stokke, Hans Petter
Born: 09.11.51 – Oslo
Residence: Steinkjer
MD, Medical Officer
2nd OG as Medical Officer



Nystad, Knut
Born: 09.06.70 – Drammen
Residence: Slattum
Head of waxing team
2nd OG as Waxing Personnel



Olsson, Perry
Born: 29.12.55 – Söderala, SWE
Residence: Söderhamn, SWE
Waxing Personnel
5th OG as Waxing Personnel



Olsson, Ulf
Born: 27.08.59 – Söderhamn
Residence: Sandarne (SWE)
Waxing Personnel
3rd OG as Waxing Personnel



Moheim, Håvard
Born: 14.04.69 – Oslo
Residence: Øyer
Waxing Personnel
2nd OG as Waxing Personnel



Røiseland, Reidar
Born: 26.07.65 – Flekkefjord
Residence: Kvinesdal
Waxing Personnel
2nd OG as Waxing Personnel



Melhus, Svein Anders
Born: 01.05.73 – Namsos
Residence: Steinkjer
Waxing Personnel
2nd OG as Waxing Personnel



Pedersen, Roy
Born: 08.12.62 – Ringerike
Residence: Hønefoss
Waxing Personnel
1st OG as Waxing Personnel



Selbæk, Kai
Born: 17.10.56 – Orkdal
Residence: Jerpstad
Waxing Personnel
1st OG as Waxing Personnel



Pettersen, Ole Jørgen
Born: 02.09.56 – Notodden
Residence: Oslo
Waxing Personnel
1st OG as Waxing Personnel



Hansen, Ronnie Frydenlund
Born: 24.08.77 – Gjøvik
Residence: Hunndalen
Waxing Personnel
1st OG as Waxing Personnel



Drummond, Chris
Born: 09.11.70 – London, ENG
Residence: Oslo
Physiotherapist
2nd OG as Physiotherapist



MEN



HJELMESET, ODD-BJØRN

Club: Fjellhug/Vereide-Hyen IL

Born: 06.12.71 – Sandane

Residence: Slattum

Height: 180 cm

Civil Status: Married

Occupation: Cross-country skier

Favourite music: Bruce Springsteen

Favourite food: Fish

Greatest sport moment: World Championship 2007 50 km C 1

Sports idol: Oddvard Brå

Language spoken: Norwegian, English and German

Previous results:

OG: 2002: 50 km C: 3

WCh: 2009 Relay: 1, 2007 50 km C: 1, Relay : 1, 2005 50 km C 3, Relay: 1, 2001 15 km C: 3, 1999 10km C:3

NCh: 2003: Pursuit: 1, 2002: 30 km C: 1, 2001: 30 km F: 1 10 km C: 1

Other: 8 individual World-Cup victories.



RØNNING, ELДАР

Club: Skogn IL

Born: 11.06.82 – Levanger

Residence: Flatåsen

Height: 178 cm

Civil Status: Cohabitant

Occupation: Cross-country skier

Hobbie: Sport

Languages spoken: Norwegian, English and German

Previous results:

WCh: 2009 Relay: 1, 2007

Relay: 1 Sprint: 3

Other: 5 individual World-Cup victories



NORTHUG JR., PETTER

Club: Strindheim

Born: 06.01.86 – Levanger

Residence: Meråker/Trondheim

Height: 185 cm

Occupation: Cross-country skier

Hobbie: Poker

Favourite music: Trance/Dance

Favourite food: Pizza

Greatest sport moment: WCh Liberec



Sports idol: Bjørn Dæhlie
Languages spoken: Norwegian, English
Previous results:
WCh: 2009 50 km: 1, 30 km Pursuit, 1 Relay: 1. 2007 Relay: 1
NCh: 2007: 15 km F: 1
Other: 8 individual World-Cup victories, 2009: Tour de ski: 2



SVARTEDAL, JENS ARNE

Club: Trøsken IL
Born: 14.02.76 – Sarpsborg
Residence: Lommedalen
Height: 181 cm
Civil Status: Married
Occupation: Cross-country skier
Hobbies: Cars, motorcycles
Languages spoken: Norwegian, English
Previous results:
OG: 2006, Team sprint:: 2
WCh: 2007: sprint: 1
NCh: 2009: 15 km C: 1, 2007: 50 km C: 1, 2005: Sprint: 1, 2003: 50 km C: 1
Other: 12 individual World-Cup victories



HAFSÅS, RONNY ANDRE

Club: Stårheim IL
Born: 14.11.85 – Nordfjordeid
Residence: Trondheim
Height: 185 cm
Civil Status: Girlfriend
Occupation: Biathlete
Hobbies: Soccer, music
Favourite music: Foo Fighters
Favourite film: Gladiator
Favourite book genre: Crime
Favourite food: Taco, pizza
Greatest sport moment: WC victory in Beitostølen 2009
Sports idol: Grunde Njøs
Languages spoken: Norwegian, English, German
Previous results:
NCh: 2002: 15 km F: 2
Other: 1 individual World-Cup victory in Cross Country



BERGER, LARS

Nickname: „Der Elch“
Club: Dombås IL/Byåsen IL
Born: 01.05.79 – Levanger
Residence: Lesja
Height: 189 cm



CROSS COUNTRY athletes

Civil status: Unmarried/girlfriend
Occupation: Biathlete
Hobbies: Cycling, mountain hiking, backcountry skiing, books and DVDs
Favourite film: The Godfather
Favourite book genre: Action
Favourite food: Meat balls with brown sauce and potatoes
Sport Idol: Egil Gjelland
Languages spoken: English, German

Previous results:

WCh Biathlon: 04: Spr/14, Pur/11, Ind/24, Mass/2, Rel/2, WCh 05: Spr/44, Pur/32, WCh 07: Spr/14, Pur/11, Ind/49, Mas/17, Rel/2 WCh 09: Spr/2, Pur/5, Ind/34, Mas/29, Rel/1
WCh cross-country: 05: 15 km f/4, 4x10km/1, Wch 07: 15 km f/1, 4x10km/1



GJERDALEN, TORD ASLE

Club: IL Holeværingen
Born: 03.08.83 – Ringerike
Residence: Oslo
Height: 182 cm
Occupation: Cross-country skier
Hobbie: Study medicine
Favourite music: Rock
Favourite film: Cartoons and thrillers
Language spoken: Norwegian, English
Previous results:
NCh: 2009: 30 km Pursuit: 1
Other: 2 times podium in World Cup individuals. 4 times podium in World Cup relay



SUNDBY, MARTIN JOHNSRUD

Club: Røa IL
Born: 26.09.84 – Oslo
Residence: Lillehammer
Civil Status: Cohabitation
Occupation: Cross-country skier
Hobbie: Skiing
Languages spoken: Norwegian, English
Previous results:
NCh: 2008: 30 km M Pursuit: 2, 2007: 30 km M Pursuit: 4
Other: 1 individual World-Cup victory, 5 World-Cup victories in Relay



KJØLSTAD, JOHAN

Club: Skogn IL
Born: 09.03.83 – Levanger
Residence: Flatåsen
Height: 175 cm
Civil Status: Cohabitation
Occupation: Cross-country skier, economics student
Hobbies: Hunt, soccer, outdoor activities



Favourite music: Bon Jovi, Åge Aleksandersen
Favourite book genre: Crime (Stig Larson, Jan Guillau)
Favourite food: Pizza, Tapas, Taco
Greatest sport moment: World Championship in Liberec
Sports idol: Bjørn Dæhlie when I was a little boy, no one now
Languages spoken: Norwegian, English and German
Previous results:
OG: 2006: Sprint: 7
WCh: 2009 Sprint: 2, Team sprint: 1
Other: 2 individual World-Cup victories



PETTERSEN, ØYSTEIN

Club: Lillomarka Skiklubb
Born: 19.01.83 – Bærum
Residence: Hosle
Height: 181 cm
Occupation: Cross-country skier
Favourite music: Too many favourites
Favourite film: Crash
Favourite book genre: Crime
Favourite food: Sushi
Sports idol: Tor Arne Hetland
Languages spoken: Norwegian and English
Previous results:
Other: 4 times podium in World Cup individuals



HATTESTAD, OLA VIGEN

Club: Ørje IL
Born: 19.04.82 – Askim
Residence: Ørje
Height: 188 cm
Civil Status: Girlfriend
Occupation: Cross-country skier
Hobbie: Ski
Favourite music: Per Gessle
Favourite book genre: Crime
Favourite food: Pizza
Greatest sport moment: 2 x WCh Gold in Liberec
Languages spoken: Norwegian and English
Previous results:
OG: 2006 Sprint 9
WCh: 2009 Sprint 1, Team sprint 1
Other: 9 individual World-Cup victories



WOMEN



BJØRGEN, MARIT

Club: Rognes IL

Born: 21.03.80 – Trondheim

Residence: Trondheim

Civil Status: Boyfriend

Occupation: Cross-country skier

Hobbies: Sport, family, friends, walking in the nature

Languages spoken: Norwegian and English

Previous results:

OG: 2006: 10 km C: 2, 2002: Relay: 2

WCh: 2007: Team sprint: 3, 2005: 30 km C: 1, Team sprint: 1, Relay: 1, 15 km Pursuit: 2, 10 km F: 3, 2003: Sprint: 1, Relay: 2

Other: 32 individual World-Cup victories



STEIRA, KRISTIN STØRMÆR

Club: IL Forsøk

Born: 30.04.81 – Mo i Rana

Residence: Drøbak

Height: 169cm

Civil Status: Cohabitant

Occupation: Cross-country skier, student

Hobbies: Wine, music, friends, shopping, cooking

Greatest sport moment: 4th place in Torino OG 2006

Sports idol: Ole Einar Bjørndalen

Languages spoken: Norwegian and English

Previous results:

OG: 2006: 30 km : 4, 10 km C: 4, 15 km Pursuit: 4, Relay:5

WCh: 2009: 15 km Pursuit: 2, Relay: 4, 30 km F: 5, 10 km C: 6, 2007: 15 km Pursuit: 3, 10 km F : 4, 30 km C :2, 2005: Relay: 1, 15 km Pursuit, 2003: 30 km C: 25, 2x5 km Double Pursuit: 28

Other: 2 individual World-Cup victories



JOHAUG, THERESE

Club: IL Nansen

Born: 25.06.88 – Røros

Residence: Trondheim

Occupation: Cross-country skier

Hobbies: Friends, family

Languages spoken: Norwegian and English

Previous results:

WCh: 2007: 30 km M: 3

Other: 4 times top 3 individual WC



KRISTOFFERSEN, MARTHE

Club: IL Varden

Born: 11.08.89 – Tromsø

Residence: Meråker

Height: 165 cm

Civil Status: Boyfriend

Occupation: Cross-country skier, student

Hobbies: Friends, family

Favourite music: A lot

Favourite food: Fish

Greatest sport moment: WC in Lahti (3rd)

Languages spoken: Norwegian and English

Previous results:

World Championships: 2009: Relay: 4

Other: 1 time podium in individual World Cup



BRUN-LIE, CELINE

Club: Njård

Born: 18.03.88 – Oslo

Residence: Trondheim

Height: 171 cm

Civil Status: Boyfriend

Occupation: Cross-country skier, student

Hobbies: Sport, books, friends, family and travelling

Favourite music: Depends on mood

Favourite book genre: Novels

Favourite food: Meat

Greatest sport moment: 2008 Davos

Sports idol: Bjørn Dæhlie

Languages spoken: Norwegian, English and French

Previous results:

WCh: 2009 Sprint: 12

NCh: 2009 Sprint: 1

Other: 1 time podium in individual World Cup



SKOFTERUD, VIBEKE

Club: Slitu IF

Born: 20.04.80 – Askim

Residence: Mjøndalen

Civil Status: Cohabitant

Occupation: Cross-country skier

Languages spoken: Norwegian and English

Previous results:

OG: 2002: 30 km C: 8

WCh: 2003: Relay: 2, 2005: Relay: 1

Other: 7 times podium in individual World Cup



FALLA, MAIKEN CASPERSEN

Club: Gjerdrum IL

Born: 13.08.90 – Lørenskog

Residence: Lillehammer

Height: 162 cm

Civil Status: Single

Occupation: Cross-country skier,
student

Hobbies: Friends

Favourite book genre: Crime

Favourite food: Pizza

Languages spoken: Norwegian
and English

Previous results:

Other: 1 time podium in individual
World Cup, 2009 Junior

World Championships: Relay: 1,
Sprint: 3

Languages spoken: Norwegian
and English

Previous results:

WCh: 2007: Sprint: 1, Team
sprint: 3, 2009: Team sprint: 5

WCh: 2005: Sprint: 2, 2008:
Sprint: 1, 2009: 10 km C; 1

Other: 3 individual World-Cup
victories



JACOBSEN, ASTRID URENHOLDT

Club: Heming

Born: 22.01.87 – Trondheim

Residence: Oslo

Occupation: Cross-country skier



VANCOUVER OLYMPIC CENTRE

Elevation: 74 m – **Gross Capacity:** 5,700 – **Distance from:** OLV Vancouver: 3.7 km, OLV Whistler: 119 km, BC Place: 4.7 km – **Vancouver International Airport Weather (February 12 to 28, 2008):** Average minimum temperature 2.8°C, Average maximum temperature: 9.6°C, Average temperature: 6.2°C, Precipitation: 18.2 mm

WILL NORWAY REPEAT ITS OLYMPIC SUCCESS IN CURLING?

During the Olympic Winter Games in Salt Lake City in 2002 more than one million viewers in Norway stayed up to watch the curling through the night. At the centre of all this attention was the Norwegian curling team captained by Pål Trulsen, currently Sports Director for today's Olympic team. Norway's Olympic gold in 2002 generated a great deal of media interest, and Norwegians started to stream to the curling halls.

Nevertheless, curling has the third lowest membership of all the Olympic sports practised in Norway. In 2008, the official membership figure was 2,889 divided between 25 clubs. There

are just eight curling halls in Norway; the majority of clubs having to practice at ice hockey arenas. The shortage of halls, therefore, must be regarded as a contributory factor to the sport not really taking off.

Curling is a sport that suits the Norwegian temperament and competitive morale. The first attempt to introduce the sport to Norway was in or around 1930. It was then that the first curling stones were imported from Scotland to Oppdal, and later Finse. The reason no one had tried to introduce the sport earlier must have been because no one dared to challenge existing national sports such as skiing and skating.



CURLING

However, it took many years before the Norwegian Curling Association was formed. That happened on 21 February in Oppdal. Since then, Norwegian curling – both women's and men's – has gradually made its mark in the international arena. Unfortunately, the Norwegian women's team failed to qualify for Vancouver 2010, albeit for the first time. The Norwegian men's team, however, has qualified ever since curling became an Olympic event in 1998. In Turin four years ago the Norwegian men's team ended in fifth place.

In Vancouver, the Norwegian team captained by Thomas Ulsrud has clear ambitions to fight for a medal. Norway is currently ranked number two, second only

to the host nation, Canada. So February 16th will be a bit of a special day, as Norway will meet Canada in both curling and ice hockey.

Only one player in the Norwegian team has competed in the Winter Olympics before. Torger Nergård was with the gold medal team in 2002, and again in Turin in 2006. Nevertheless, it is a team with international experience. Captain Thomas Ulsrud has three bronze medals from the World Curling Championships in 2006, 2008 and 2009, and medals have also been won in the last three European Curling Championships.

For more information, log on at:
www.curling.no

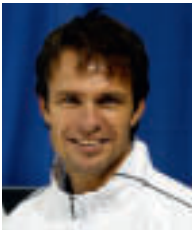
THE NORWEGIAN CURLING TEAM



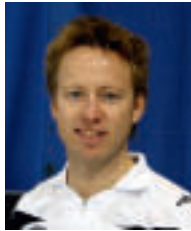
Trulsen, Pål
Born: 19.04.62 – Drøbak
Residence: Bærum
Team Leader/Sports Director
1st OG as Team Official, Athlete in OG 2002 and 2006
Won Gold Medal in OG 2002



Ingvaldsen, Ole
Born: 29.08.48 – Stavanger
Residence: Lillestrøm
Head Coach
3rd OG as Head Coach

**Telje, Trym****Born:** 10.06.66 – Oslo**Residence:** Oslo**Physiotherapist**4th OG as Physiotherapist**MEN****ULSRUD, THOMAS****Club:** Snarøyen CC**Born:** 21.10.71 – Oslo**Residence:** Oslo**Height:** 185 cm**Civil Status:** Married**Occupation:** Self employed**Hobbies:** Golf**Favourite music:** U2, Guns & Roses**Favourite film:** Pulp Fiction and everything from Quentin Tarantino**Favourite book genre:** None**Favourite food:** Steak**Greatest sport moment:** Winning the Continental Cup on the World Team**Sports idol:** Tiger Woods**Languages spoken:** Norwegian, English**Previous results:****WCh:** Bronze medal in 2006,

2008 and 2009

ECh: Silver medal in 2007 and 2008, bronze medal in 2009**NChs:** 7**Number of international matches:** 48 matches this season – 40 wins, 8 losses (per 10.01.2010)**NERGÅRD, TORGER****Club:** Snarøyen CC**Born:** 12.12.74 – Trondheim**Residence:** Oslo**Height:** 179 cm**Civil Status:** Cohabitant with Marianne**Occupation:** Project Engineer at Goodtech Solutions AS**Hobbies:** Soccer, Golf**Favourite film:** The Godfather I and II**Favourite book genre:** Crime**Favourite food:** BBQ**Greatest sport moment:** Winning the Norwegian Championship in 1998 (First time)**Sports idol:** Eigil Ramsfjell**Languages spoken:** English, Swedish, Danish and some German**Previous results:****OG:** Gold medal 2002, 5th in 2006 – both as 5th player**WCh:** Bronze medal in 2006, 2008, 2009, 5th in 1998, 8th in 2007**ECh:** Gold medal in 2005, silver medal in 2007 and 2008, bronze medal in 2002 and 2009, 4th in



2001, 5th in 2000, 2003, 2006, 7th in 1997

NCh: 8

Other: Coach for Norwegian women (skip Dordi Nordby) at three occasions: WCh 1999 (4th), ECh2000 (gold) and WCh 2000 (bronze)



SVAE, CHRISTOFFER

Club: Snarøen CC

Previous club: Lillehammer CC

Born: 21.03.82 – Oslo

Residence: Oslo

Height: 189 cm

Civil Status: Single

Occupation: Curling instructor

Hobbies: Dancing

Favourite music: Party music

Favourite film: Armageddon

Favourite book genre: Don't read

Favourite food: BBQ

Greatest sport moment: Winning Continental Cup in 2008

Sports idol: Michael Flatley

Languages spoken: Norwegian, Swedish, English and German

Previous results:

WCh: Bronze medal in 2006, 2008 and 2009

ECh: Silver medal in 2007 and 2008, bronze medal in 2009

NCh: 2



PETERSSON, HÅVARD VAD

Club: Snarøen CC

Previous clubs: Bygdøy CC, Risenga CC, Lillehammer CC

Born: 05.01.84 – Oslo

Residence: Oslo

Height: 192 cm

Civil Status: Engaged

Occupation: Shop cheif, Supervisor

Hobbies: Sports

Favourite music: Halvdan Sivertsen

Favourite film: Forrest Gump

Favourite food: Filet Mignon at "The Keg" in Canada

Greatest sport moment: Winning Continental Cup 2008

Sports idol: Bjørn Dæhlie

Languages spoken: Norwegian, English, Danish, Swedish

Previous results:

WCh: Bronze medal in 2008 and 2009

ECh: Silver medal in 2007 and 2008, bronze medal in 2009

NCh: 2

**LØVOLD, THOMAS**

Club: Lillehammer CC

Born: 27.01.82 – Oslo

Residence: Oslo

Height: 174 cm

Civil Status: Single

Occupation: Student

Hobbies: Skiing, golfing, hiking

Favourite music: Cambodian rock,
Norwegian rap

Favourite film: Death Proof

Favourite book genre:

History/Politics

Favourite food: Sushi

Greatest sport moment: Nor-
way–Brazil 2–1 (1998 World
Cup)

Sports idol: Terje Haakonsen

Languages spoken: Norwegian,
English

Previous results:

WCh: Bronze medal in 2009, 7th
in 2007

ECh: Bronze medal in 2002 and
2009, 6th in 2003

NCh: 2 silver medals

Other: 2nd Winter University
Games 2009, 1st Moskus Cup
2001



FREESTYLE



CYPRESS MOUNTAIN

Elevation: Highest start: 1,175 m. Lowest finish: 907 m – **Gross Capacity:** 10,000 – **Distance from:** OLV Vancouver: 30 km, OLV Whistler: 116 km, BC Place: 29 km – **Cypress Mountain Weather (February 12 to 28, 2008):** Average venue temperature 2.5 °C, Total snowfall during period: 17.3 cm, Maximum daily snowfall: 10.1 cm, Average wind speed at 18h00: 1.1 m/s, Average peak gust at 18h00: 3.3 m/s

OLYMPIC SKI CROSS OPENING IN VANCOUVER

Ski Cross (SX) will for the first time be an Olympic Freestyle event in Vancouver. This will be a new and exciting addition to the Olympic program. It is also a great opportunity to highlight a young but popular sport and Norway has tradition in picking up new sports quickly with good results.

Freestyle was introduced as an Olympic event in 1992 at the Games in Albertville after having been a demonstration event during the Olympic Games in Calgary in 1988. In addition to the two already existing Olympic events in Freestyle which are Moguls and Aerials, this Olympic Game in Vancouver presents a third exciting event; Ski Cross.

The Norwegian Freestyle skiers has for many years been among the best in the world. The winter games in Lillehammer in 1994 attracted tremendous interest to the sport when Stine Lise Hattestad won the Gold medal in the Mogul's event. After Hattestad's retirement Kari Traa became the new "Queen of Moguls" by winning all the three ranks of medals; the Gold in Salt Lake'02, the Silver in Turin'06 and the Bronze in Nagano'98.

The first official Ski Cross World Championship was held in Finland in 2005 and the two to follow in Italy in 2007 and in Japan in 2009. For the Norwegian Freestyle team the focus at the Vancouver Games will be on the Ski



Cross event. As an event for the first time in the Olympics it will be exciting to follow the performance of the athletes and the attention from the spectators. The athlete needs to be tactical when competing with other skiers because the discipline is so versatile with a track, curves, moguls, jumps and varied terrain. This diversity is what makes Ski Cross so exciting to follow. Many former Alpine and Telemark

Skiers perform in the event Ski Cross. The objective for the Norwegian team in Vancouver is to make it to the finals and to fight for a medal. We believe that Audun Grønvold together with Hedda Berntsen, Gro Kvinlog Genlid and Marte Høie Gjefsen will have a good chance to compete for reaching our goals.

For more information, log on at: www.skiforbundet.no

THE NORWEGIAN FREESTYLE TEAM



Søvik, Kjetil
Born: 20.11.74 – Ålesund
Residence: Oslo
Head Coach
 1st OG as Team Leader/Head Coach
 Former skier and Sports Director in Telemark Skiing



Nyhus, Geir
Born: 08.05.75 – Lillehammer
Residence: Lillehammer
Sports Director
 1st OG as Service Man



Arnø, Andreas
Born: 31.05.73 – Oslo
Residence: Oslo
Coach
 2nd OG as Coach (One OG in Alpine Skiing)



Heir, Stig
Born: 19.04.61 – Oslo
Residence: Asker
MD, Medical Officer
 5th OG as Medical Staff



MEN



GRØNVOLD, AUDUN

Club: Vang Skiløperforening
Born: 28.02.76 – Hamar
Residence: Oslo
Height: 186 cm
Civil Status: Cohabit
Occupation: Skier
Hobbies: Hunting, ice hockey
Favourite music: White lies
Favourite food: Filet of reindeer by self hunting
Greatest sport moment: Kjetil Andre Aamodt's Gold in Turin 2006
Sports idol: The great one
Languages spoken: Norwegian, English and German
Previous results
WCh: 05: 3
NCh: Twice champion – one silver
Other: 07: 5th WC overall, two WC victories



REKDAL, ANDERS

Club: Ready
Born: 04.01.1987 – Oslo
Residence: Oslo
Height: 183cm
Civil Status: Cohabit
Occupation: Electrician

Hobbies: Skiing, car
Favourite music: All round
Favourite book genre: Stieg Larsson
Favourite food: Pizza
Languages spoken: Norwegian and English
Previous results:
WCh jr: 07: 8 06: 2
NCh: 09: 3 08: 3 07: 3

WOMEN



BERNTSEN, HEDDA

Club: Filtvet Fremad
Born: 24.04.76 – Oslo
Residence: Oslo
Height: 167 cm
Occupation: Skier
Hobbies: Skiing, wakeboarding, surfing, climbing, belly dancing
Languages spoken: Norwegian and English
Previous results:
WCh: 01: 3 Slalom 97: 1st and 3rd Telemark
NCh: 07: 1



BRENDENGEN JENSEN, JULIE

Club: Ready
Born: 15.03.1990 – Bærum
Residence: Oslo
Height: 164 cm
Civil Status: Single
Occupation: Working, skiing
Hobbies: Skiing, travelling
Favourite film: Slumdog millionaire
Favourite food: Tropical fruits
Languages spoken: Norwegian and English
Previous results:
NCh: 08: 1 junior and senior
Other: 08: 2 overall European Cup



GENLID, GRO KVINLOG

Club: Hemsedal
Born: 08.June.1976 – Gjøvik
Residence: Hemsedal
Height: 170 cm
Civil Status: Married, one son 2 ½ years
Occupation: Skier
Hobby: Sports
Favourite music: Most of it
Favourite film: Nell and primal fear
Favourite book genre: Reading it all
Favourite food: Thai and rice porridge
Greatest sport moment: WC Alpine

18 years old achieving 7th & 2nd – X-Games Skier Cross

Languages spoken: Norwegian, English and German

Previous results:

WCh: 05: 7, 09: 12



GJEFSEN, MARTE HØIE

Club: Lillehammer skiklubb
Born: 06.03.1989 – Lillehammer
Residence: Lillehammer
Height: 169 cm
Civil Status: Unmarried
Occupation: Student
Hobbies: Football and hiking in the Norwegian mountains
Favourite food: "Pinnekjøtt" (salted and dried ribs of mutton)
Greatest sport moment: The first time I put on my alpine skies
Sports idol: Aksel Lund Svindal
Languages spoken: Norwegian and English
Previous results:
NCh: 09: 1 SX 07: 3 Downhill



CANADA HOCKEY PLACE

Elevation: 8 m – **Gross Capacity:** 19,100 – **Distance from:** OLV Vancouver: 2.4 km, OLV Whistler: 115 km, BC Place: 0.5 km – **Vancouver International Airport Weather (February 12 to 28, 2008):** Average minimum temperature 2.8°C, Average maximum temperature: 9.6°C, Average temperature: 6.2°C, Precipitation: 18.2 mm

NORWAY MAKES AN OLYMPIC COMEBACK AGAINST HOST NATION CANADA

The Olympic Winter Games in Vancouver will be somewhat of an anniversary tournament for Norwegian ice hockey. It will be the tenth time Norway has qualified for the Olympics, the last time being the 1994 Winter Games in Lillehammer, as the host nation. The first time was also as host nation in 1952 (Oslo), even though ice hockey had been in the Olympic programme since the Summer Olympics in Antwerp in 1920. Of the 54 matches played, Norway has won 14, drawn 4 and lost 36.

Ice hockey first came to Norway in the interwar years. The first club, Trygg, was founded in 1932, and the first showcase

match between two Norwegian teams took place a year later. This was at the World Skating Championships in Trondheim, with King Haakon VII and 12,000 spectators in attendance. The Norwegian Ice Hockey Association (NIHF) was founded in 1934 with representatives from ten clubs present.

Norway's World Championships debut was in London in 1937, when the team lost to Czechoslovakia 7-0. Since then, Norway has competed in 24 World Championships, and for the fourth year running, Norway has qualified for the World Championships' top division, which will be played in Germany in May. Even though ice hockey is the



second most popular team event in Norway after football, it is still a minor sport.

There are currently 6,381 registered players in Norway. Of these, 1,708 are male seniors. There are just 37 indoor arenas in the whole country and none north of Trondheim. The first indoor arena in North Norway will be built in Tromsø this year. Norwegian ice hockey has begun to consolidate its position as a top division team. This has involved building up the sport brick by brick, starting with the junior teams. This has created a foundation pillar that is just starting to produce results. Young, promising Norwegian ice hockey players are starting to appear more attractive to clubs abroad.

Of the 23 players that make up the Norwegian Olympic ice hockey team, fully 11 play in Sweden

and 3 in Germany. The two Norwegian players currently with the highest profiles are Ole Kristian Tollefsen and Patrick Thoresen, who play respectively for the Philadelphia Flyers (NHL) and Russian club Ufa Salavat. And there are many other Norwegian players being scouted by NHL clubs.

The Olympic tournament in Vancouver will be a tough challenge for the Norwegian players. The opening game against host nation Canada on 16 February will be an unforgettable experience, as it will be exactly 10 years since Norway beat Canada 4-3 for the first time in a World Championship tournament. USA and Switzerland are the other competing nations in Group A.

For more information, log on at:
www.hockey.no

THE NORWEGIAN ICE HOCKEY TEAM



Salsten, Petter

Born: 11.03.65 – Oslo

Residence: Hamar

Team Leader/Sports Director

1st OG as Team Official

Athlete in three OG (1988, 1992 and 1994) and six times in WCh A-group
 92 matches in OG and WCh



Johansen, Roy

Born: 27.04.60 – Oslo

Residence: Oslo

Head Coach

1st OG as Team Official

Athlete in three OG (1984, 1988 and 1994)

61 matches in OG and WCh



ICE HOCKEY



Stubdal, Knut J.
Born: 30.06.61 – Oslo
Residence: Oslo
Ass Coach
1st OG as Team Official



Liebkind, Sam
Born: 27.10.83 – Helsinki, FIN
Residence: Hafrsfjord
Coach – goalie
1st OG as Team Official



Tom, Jøstne
Born: 08.03.66 – Gjøvik
Residence: Lillehammer
Vide Analysis
1st OG as Team Official



Nilsen, Kåre
Born: 11.05.66 – Sarpsborg
Residence: Sarpsborg
Equipment
1st OG as Team Official



Smeby, Jostein
Born: 11.07.84 – Hamar
Residence: Hamar
Equipment
1st OG as Team Official



Fosse, Ole
Born: 08.10.63 – Bergen
Residence: Lillehammer
MD, Medical Officer
1st OG as Team Official

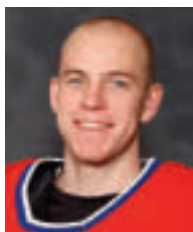


Krokaas, Jan
 Born: 06.02.54 – Oslo
 Residence: Oslo
 Physiotherapist
 4th OG as Team Official



Aase, Jon
 Born: 08.11.67 – Lørenskog
 Residence: Oslo
 Physiotherapist
 2nd OG as Team Official

GOALIES



30
SMITH, RUBEN
 Club:
 Previous clubs:

Born:
 Birthplace:
 Residence:
 Height:
 Civil Status:
 Occupation:
 Hobbies:
 Favourite music:
 Favourite film:
 Favourite book genre:
 Favourite food:
 Greatest sport moment:
 Sports idol:
 Languages spoken:
 Previous results:
 WCh: 2008: 8, 2009: 11
 Number of international matches
 (OG and WCh): 10



33 **GROTNES, PÅL**

Club: Stjernen, NOR
 Previous clubs: Kingsbacka, Frölunda, Mölndal, Clermont-Ferrande, Halmstad, Växjö, Comet
 Born: 07.03.77 – Lørenskog
 Residence: Fredrikstad
 Height: 189 cm
 Civil Status: Engage – two children
 Occupation: Carpenter
 Hobbies: Golf, mountain bike
 Favourite music: Metallica, Pearl Jam, Jay Z, Red Hot Chili Peppers
 Favourite film: James Bond, Lord of the Rings, Star Wars
 Favourite book genre: Crime, authors Stig Larsson and Henning Mankell
 Favourite food: Biff filet
 Greatest sport moment: Quarter final vs Canada in the WCh 2008 and match vs Canada in preliminary round (lost 1-2)
 Sports idol: Patrick Roy
 Languages spoken: Norwegian, Eng-

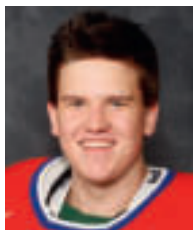


lish, Swedish and some Dutch and French

Previous results:

WCh: 2006: 11, 2007: 14, 2008: 8, 2009: 11

Number of international matches (OG and WCh): 39



34 LYSTENSTØEN, ANDRÉ

Club: Heinolan Kiekko, FIN

Previous clubs: Hasle/Løren, Mangle-rud Star, Lillehammer, Stavanger Oilers

Born: 27.10.88 – Bodø

Residence: Oslo

Height: 194 cm

Civil Status: Single

Occupation: Hockey player

Hobbies: Sports, music

Favourite music: R&B and alternative rock

Favourite film: Remember the Titans

Favourite book genre: Fiction

Favourite food: Sushi

Greatest sport moment: Opening match vs Slovakia WCh 2008

Sports idol: Michael Jordan

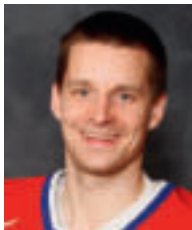
Languages spoken: Norwegian, English and Swedish

Previous results:

WCh: 2008: 8, 2009: 11

Number of international matches (OG and WCh): 6

DEFENDERS



5 KAUNISMÄKI, JUHA

Club: Stavanger Oilers, NOR

Previous clubs: Hyvinkään Ahmat, Kiekko-Vantaa

Born: 06.05.79 – Helsinki, FIN

Residence: Stavanger

Height: 187 cm

Civil Status: Married

Occupation: Vocational Qualification in Business Information Technology

Hobbies: Golf

Favourite music: Hard rock

Favourite film: Hangover

Favourite book genre: Crime

Favourite food: Sushi

Greatest sport moment: Finnish Champion A-Juniors, 8th place in WCh 2008

Sports idol: Ernie Els

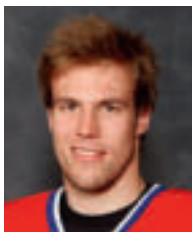
Languages spoken: Finnish, English and Norwegian

Previous results:

WCh: 2008: 8, 2009: 11

NCh:

Number of international matches (OG and WCh): 15



6 HOLØS, JONAS

Club: Färjestad, SWE
Previous clubs: Sparta Sarpsborg
Born: 27.08.87 – Sarpsborg
Residence: Karlstad, SWE
Height: 181 cm
Civil Status: Co-habitee
Occupation: Hockey player
Hobbies: Play Station, friends
Favourite music: Everything
Favourite film: The Shawshank Redemption
Favourite book genre: Crime
Favourite food: Pizza
Greatest sport moment: SM Gold with Färjestad 2009
Languages spoken: Norwegian and English
Previous results:
WCh: 2006: 11, 2007: 14, 2008: 8, 2009: 11
NCh: 1
Number of international matches (OG and WCh): 28



7 JAKOBSEN, TOMMY

Club:
Previous clubs:
Born:

Birthplace:
Residence:
Height:
Civil Status:
Occupation:
Hobbies:
Favourite music:
Favourite film:
Favourite book genre:
Favourite food:
Greatest sport moment:
Sports idol:
Languages spoken:
Previous results:
OG: 1992: 9, 1994: 11
WCh: 1992: 10, 1993: 11, 1994: 11, 1995: 10, 1996: 9, 1997: 12, 1999: 12, 2000: 9, 2006: 11, 2007: 14, 2008: 8, 2009: 11
NCh:
Number of international matches (OG and WCh): 131



23 TRYGG, MATS

Club: Kölner Haie, GER
Previous clubs: Manglerud/Star, Spektrum Flyers, Färjestad, Oserlohn Roosters
Born: 01.06.76 – Oslo
Residence: Cologne, GER
Height: 179 cm
Civil Status: Married
Occupation: Hockey player
Hobbies: Fishing
Favourite music: Hip-hop, R&B
Favourite film: JFK
Favourite book genre: Biography
Favourite food: Steak
Greatest sport moment: WCh in Halifax 2008
Languages spoken: Norwegian, English, German



Previous results:

WCh: 1997: 12, 1999: 12, 2000: 9, 2001: 15, 2006: 11, 2007: 14, 2008: 8, 2009: 11

NCh: Swedish Championship 2002

Number of international matches

(OG and WCh): 93



36

LUND, LARS ERIK

Club: Vålerenga, NOR

Previous clubs: Furuset, Manglerud/Star

Born: 25.07.74 – Oslo

Residence: Oslo

Height: 187 cm

Civil Status: Co-habitee

Occupation: Assistant

Hobbies: Tennis, music, books, film

Favourite music: Tool, Metallica,

Skambankt TV on the radio

Favourite film: Pulp Fiction

Favourite book genre: Crime, historical books

Favourite food: Sushi

Greatest sport moment: My first gold in the Norwegian Championship

Sports idol: Roger Federer, Wayne Gretzky

Languages spoken: Norwegian and English

Previous results:

WCh: 2006: 11, 2007: 14, 2009: 11

NCh: 7

Number of international matches

(OG and WCh): 24



47

BONAKSEN, ALEXANDER

Club: Modo, SWE

Previous clubs: Vålerenga

Born: 24.01.87 – Oslo

Residence: Örnköldsvik, SWE

Height: 180 cm

Civil Status: Single

Occupation: Hockey player

Hobbies: Golf, soccer, tennis

Favourite music: R & B, rock, pop

Favourite film: The Hangover

Favourite food: Steakhouse

Greatest sport moment: Playoff-finals

Vålerenga vs Sparta 2009

Sports idol: Ray Bourque

Languages spoken: Norwegian and English

Previous results:

WCh: 2009: 11

NCh: 4

Number of international matches

(OG and WCh): 9



55

TOLLEFSEN, OLE KRISTIAN

Club: Philadelphia Flyers NHL

Previous clubs: Nes, Lillehammer, Brandon Wheat Kings, Syracuse Crunch, Columbus Blue Jackets

Born: 29.03.84 – Oslo



Residence: Rasta
Height: 188 cm
Civil Status: Married
Occupation: Hockey player
Hobbies: Music, movies, guitar, wake-boarding
Favourite music: Metallica Light Rock
Favourite film: Hangover
Favourite book genre: Fiction
Favourite food: Spanish
Greatest sport moment: My first NHL game
Sports idol: Nicklas Lidström
Languages spoken: Norwegian and English
Previous results:
Number of international matches (OG and WCh): 10

FORWARDS



8 HANSEN, MADS

Club: Brynäs, SWE
Previous clubs: Manglerud/Star, Storhamar, Vålerenga, Hammarby, Oskarshamn
Born: 16.09.78 – Oslo
Residence: Gävle, SWE
Height: 187 cm
Civil Status: Married
Occupation: Hockey player
Languages spoken: Norwegian and English
Previous results:
WCh: 2000: 9, 2001: 15, 2006: 11, 2007: 14, 2008: 8, 2009: 11
Number of international matches (OG and WCh): 73



9 HOLTET, MARIUS

Club: Färjestad, SWE
Previous clubs: Skåre BK, Bofors, Houston Aeros, Iowa Stars
Born: 31.08.84 – Hamar
Residence: Karlstad, SWE
Height: 186 cm
Civil Status: Single
Occupation: Hockey player
Hobbies: Golf, fishing, hunting
Favourite music: Bruce Springsteen
Favourite film: Braveheart
Favourite food: Trout
Greatest sport moment: SM Gold with Färjestad 2009
Languages spoken: Norwegian and English
Previous results:
WCh: 2006: 11, 2008: 8, 2009: 11
Number of international matches (OG and WCh): 23



10 SPETS, LARS ERIK

Club: Vålerenga, NOR
Previous clubs: Lillehammer, Trondheim, Brynäs, Duisburg
Born: 02.04.85 – Trondheim
Residence: Oslo
Height: 178 cm



ICE HOCKEY athletes

Civil Status: Girlfriend
Hobbies: Sport
Favourite music: Rock
Favourite film: Avatar
Favourite book genre: Author Stig Larsson
Favourite food: Taco, Sushi
Greatest sport moment: Norwegian Championship Gold 2009
Sports idol:
Previous results:
WCh: 2006: 11, 2007: 14, 2008: 8, 2009: 11
NCh: 1
Number of international matches (OG and WCh): 36



19 SKRØDER, PER-ÅGE

Club: Modo, SWE
Previous clubs: Sparta Sarpsborg, Lillehammer, Västra Frölunda, Linköping, HV71, Södertälje
Born: 04.08.78 – Sarpsborg
Residence: Örnsköldsvik, SWE
Height: 180 cm
Civil Status: Engaged with Cathrine – two children – Sander (4) and Markus (2)
Occupation: Hockey player
Hobbies: Golf
Favourite music: Takida
Favourite film: The Shawshank Redemption
Favourite book genre: Crime, biographies
Favourite food: Taco
Greatest sport moment: Two Gold medals in Swedish Championship and beat Canada 4-2 in 2000
Sports idol: Mario Lemieux
Languages spoken: Norwegian, English, German and Swedish

Previous results:
WCh: 1997: 12, 1999: 12, 2000: 9, 2006: 11, 2008: 8, 2009: 11
NCh: 2 Gold medals in the Swedish Championship
Number of international matches (OG and WCh): 79



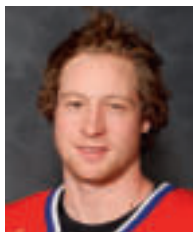
20 BASTIANSEN, ANDERS

Club: Färjestad, SWE
Previous clubs: Mora, Almtuna, Arboga, Frisk Asker Yigers
Born: 31.10.80 – Oslo
Residence: Karlstad, SWE
Height: 190 cm
Civil Status: Co-habitee
Hobbies: Watch most the sports, family
Favourite music: Listen to almost everything
Favourite film: Gladiatoren
Favourite book genre: Jo Nesbø
Favourite food: Past, Sushi
Greatest sport moment: SM Gold with Färjestad 2009
Sports idol: Mario Lemieux
Languages spoken: Norwegian and English
Previous results:
WCh: 2006: 11, 2007: 14, 2008: 8, 2009: 11
NCh: Norwegian Champion Gold medal 2002, Swedish Championship Gold medal 2009
Number of international matches (OG and WCh): 41



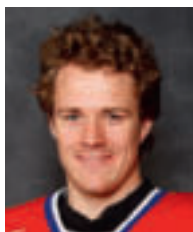
21 ASK, MORTEN

Club: Thomas Sabo Ice Tigers, GER
Previous clubs: Vålerenga, Furuset, Toledo Storm, Las Vegas Wranglers, Laredo Bucks, Djurgården, Duisburg
Born: 14.05.80 – Oslo
Residence: Nürnberg, GER
Height: 185 cm
Civil Status: Co-habitee
Occupation: Hockey player
Hobbies: Golf, tennis
Favourite music: Everything
Favourite film: The Hangover–Wedding Crashers
Favourite book genre: Authors Stig Larsson and Dan Brown
Favourite food: Sushi
Greatest sport moment: Quarter final vs Canada in the WCh 2008 (lost 1–2)
Languages spoken: Norwegian, English and German
Previous results:
WCh: 2001: 15, 2006: 11, 2007: 14, 2008: 8, 2009: 11
NCh: 5
Number of international matches (OG and WCh): 50



22 RØYMARK, MARTIN

Club: Frölunda, SWE
Previous clubs: Manglerud/Star, Sparta Sarpsborg
Born: 10.11.86 – Oslo
Residence: Oslo
Height: 184 cm
Civil Status: Girlfriend
Occupation: Hockey player
Hobbies: Golf
Favourite film: Gladiator
Favourite book genre: Crime
Favourite food: Taco
Greatest sport moment: Quarter final vs Canada in the WCh 2008 (lost 1–2)
Sports idol: Mario Lemieux
Languages spoken: Norwegian and English
Previous results:
WCh: 2008: 8, 2009: 11
NCh: 1
Number of international matches (OG and WCh): 16

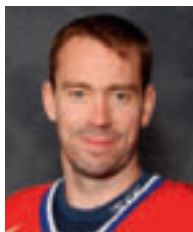


26 FORSBERG, KRISTIAN

Club: Modo, SWE
Previous clubs: Storhamar, Furuset
Born: 05.05.86 – Oslo

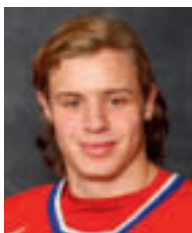


Residence: Örnsköldsvik
Height: 184 cm
Civil Status: Single
Occupation: Hockey player
Hobbies: Movies, Xbox
Favourite music: Karpe Diem
Favourite film: Gladiator
Favourite food: Taco
Greatest sport moment: U20 WCh in Canada, Gold medal in the Norwegian Championship with Storhamar
Sports idol: Eric Lindros
Languages spoken: Norwegian and English
Previous results:
WCh: 2007: 14, 2008: 8, 2009: 11
Number of international matches (OG and WCh): 22



29 VIKINGSTAD, TORE

Club: Hannover, GER
Previous clubs: Düsseldorf, Leksand, Färjestad, Stjernen, Viking
Born: 08.10.75 – Trondheim
Residence: Hannover, GER
Height: 193 cm
Civil Status: Married – two children
Occupation: 193 cm
Hobbies: Golf, fishing
Favourite music: Rock
Favourite film: Gladiator
Favourite book genre: Author Stig Larsson
Favourite food: Seafood
Languages spoken: Norwegian, English and German
Previous results:
WCh: 1999: 12, 2000: 9, 2001: 15, 2006: 11, 2009: 11
Number of international matches (OG and WCh): 84



35 YLVEN, MARTIN LAUMANN

Club: Linköping
Previous clubs: Stjernen, Oskarshamn
Born: 22.12.88 – Oslo
Residence: Linköping, SWE
Height: 190 cm
Civil Status: Girlfriend
Occupation: Hockey player
Hobbies: Golf
Favourite music: Almost everything
Favourite film: Walking tall
Favourite book genre: Crime
Favourite food: Steak
Greatest sport moment: To play in the Olympic Games in Vancouver 2010
Languages spoken: Norwegian, English and Swedish
Previous results:
WCh: 2009: 11
Number of international matches (OG and WCh): 6



41 THORESEN, PATRICK

Club: Salavat Yulajev
Previous clubs: Storhamar, Moncton Wildcats, Baie Comeau Drakkar, Mör-rum, Djurgården, Salzburg, Edmonton Oilers, Philadelphia Flyers, Lugano

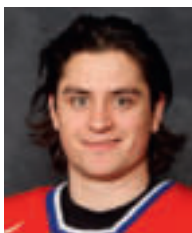


Born: 07.11.83 – Oslo
Residence: Ufa, RUS
Height: 180 cm
Civil Status: Engaged, two children
Hobbies: Golf
Favourite music: R and B trance
Favourite film: The Shawshank Redemption
Favourite book genre: Millenium by Stig Larsson
Favourite food: Pasta with gravy
Greatest sport moment: My first NHL-match
Sports idol: Roger Federer is one of them
Languages spoken: Norwegian and English
Previous results:
WCh: 2006: 11, 2007: 14, 2009: 11
Number of international matches (OG and WCh): 36



46 OLIMB, MATHIS

Club: Frölunda, SWE
Previous clubs: Manglerud Stars, Vålerenga, London Knights, Sarnia Sting, Augsburg Panthers
Born: 01.02.86 – Oslo
Residence: Gotenborg, SWE
Height: 178 cm
Occupation: Hockey player
Hobbies: Tennis, snowboard, ski
Favourite music: Red Hot Chillipeppers
Favourite film: Old School
Favourite book genre: Beatles, scar tissue
Favourite food: Taco
Languages spoken: Norwegian and English
Previous results:
WCh: 2007: 14, 2008: 8
Number of international matches (OG and WCh): 15



48 AASEN, MATS ZUCCARELLO

Club: Modo, SWE
Previous clubs: Frisk Asker, Hasle, Vålerenga
Born: 01.09.87 – Oslo
Residence: Örnsköldsvik, SWE
Height: 172 cm
Civil Status: Not married
Occupation: Hockey player
Hobbies: Soccer
Favourite music: Michael Jackson
Favourite film: Free Willy, Hangover
Favourite book genre: Italian listening book
Favourite food: Taco
Greatest sport moment: U20 WCh in Canada
Sports idol: Peter Forsberg
Languages spoken: Norwegian and English
Previous results:
WCh: 2008: 8, 2009: 11
Number of international matches (OG and WCh): 16



NORDIC COMBINED



WHISTLER OLYMPIC PARK

Elevation: Cross-country skiing stadium: 860 m, Ski jump stadium: 844 m – **Gross Capacity:** 9,000 Cross-country skiing, 9,500 Ski jumping – **Distance from:** OLV Whistler: 15 km, OLV Vancouver: 117 km, Whistler Olympic Celebration Plaza: 23 km – **Callaghan Valley Weather (February 12 to 28, 2008):** Average minimum temperature: -2.9°C , Average maximum temperature: 5.8°C , Average temperature: -0.6°C , Total snowfall: 40.2 cm, Maximum daily snowfall: 20.4 cm, Average daytime wind: 0.7 m/s, Average daytime peak wind: 2.0 m/s

FAVOURITES AND MEDAL HOPEFULS

The Nordic combined team that will be leaving for the Winter Olympics in Vancouver includes one of the favourites, along with several medal hopefuls. Magnus Moan will simply have to live with his status as favourite after his stint in the World Cup before the Olympics. Not only that, but he has more experience under his belt than when he last participated in the Olympic Games and claimed two medals. Jan Schmid took silver during the World Championship in Liberec, and could do so again. Petter Tande is a potential medal winner, and Mikko Kokslien has shown real promise this season. As if this were not enough, the team also includes Ole Christian Wendel, a

major talent and one to watch. He is attending the Olympics to learn.

Norway is a superpower in Nordic combined, having brought home 11 Olympic gold medals since 1924. All the same, it has been 12 years since we won with Bjarte Engen Vik in Nagano. After Torino, Moan followed up with the silver and the bronze. Norway also had to sit out the team competition on account of illness. That was no easy decision, and Vancouver provides us with a splendid opportunity to better our record. And with four strong athletes being fielded, the potential is there to make it all the way to the top.

Magnus Moan, the undisputed



leader in the Nordic combined, has learned to live with people's high expectations. Last season, the World Championship in Liberec was a major disappointment, and he has no plans to repeat his unsuccessful strategy: to say that the championships are just a normal run. Moan is headed for Vancouver to win medals, and he is after that elusive gold medal. The last time he was in Vancouver he did very well indeed, and won one of the competitions in last year's World Cup that was held on the Olympic trails. Norway is also sending along an athlete who once represented another country in the Olympic Games. Jan Schmid was a Swiss citizen until 2006, and came in

fourth in the Torino Olympics as a Swiss team member. Now is his chance to win medals for Norway. This could well prove to be an historic occasion.

The Nordic combined team is intimately familiar with the hills and trails in Canada. After last season they attended a gathering in Whistler Olympic Park to gain experience and get to know the venues they would be competing in. It is an experienced, effective group that will be crossing the Atlantic, well-prepared to excel and live up to Norway's strong Nordic combined tradition.

For more information, log on at:
www.skiforbundet.no

THE NORWEGIAN NORDIC COMBINED TEAM



Strandbråten, Kjetil
Born: 19.04.69 – Drammen
Residence: Drammen
Team Leader/Sports Manager
 2nd OG



Solem, Morten
Born: 05.08. 80 – Trondheim
Residence: Trondheim
Coach – ski jumping
 1st OG
 Former World Cup ski jumper from
 2000 – 2007



Hammer, Christian
Born: 20.03.76 – Narvik
Residence: Råhol
Coach – cross-country
1st OG as Team Official, 3 OG as an athlete



Belsvik, Idar Terje
Born: 23.06.57 – Trondheim
Residence: Rognes
Waxing Personnel
2nd OG



Roskifte, Geir
Born: 22.08.66 – Ringerike
Residence: Sokna
Waxing Personnel
3rd OG



Sneli, Arne
Born: 27.01.80 – Elverum
Residence: Jordet
Waxing Personnel
3rd OG



Andersen, Tor I.
Born: 15.04.64 – Levanger
Residence: Trondheim
Physiotherapist
3rd OG

MEN



KOKSLIÉN, MIKKO
Club: Søre Ål IL
Born: 10.03.85 – Lillehammer
Residence: Lillehammer
Height: 186 cm
Civil Status: Single



Occupation: Athlete
Hobbies: Different sports, friends
Favourite music: Classic rock
Favourite film: One Flew Over the Cuckoo's Nest, The Godfather
Favourite food: Shellfish of all kind
Greatest sport moment: When Liverpool won the Champions League in Istanbul 2005 and when I got my first podium in Vikersund 2009.
Sports idol: No one really important for me, but I look up to what Michael Jordan achieved and how he achieved it.
Languages spoken: Norwegian, Finnish, English and a little bit German
Previous results:
WCh: 09: 3rd Team
Other: 03: 2nd WCH Jr, 04: 1st WCH Jr Team



MOAN, MAGNUS HOVDAL

Club: Byaasen IL
Born: 26.08.83 – Lillehammer
Residence: Trondheim
Height: 189 cm
Civil Status: Engaged
Occupation: Full time athlete
Hobbies: Skiing, biking, soccer, cars, motorbikes, trips in the mountain
Favourite music: Metallica, Live, King's Of Leon, Johnny Cash
Favourite film: It's so many
Favourite book genre: Have no one
Favourite food: Norwegian food is the best!
Greatest sport moment: It's many of them!
Sports idol: Have got any
Languages spoken: Norwegian and English
Previous results:
OG: 06: 2nd Sprint, 3rd Ind. Gundersen

WCh: 05: 2nd Sprint, 07: 2nd Sprint, 3rd Ind. Gundersen, 09: 3rd Team
NCh: 4
Other: 14 World Cup victories



SCHMID, JAN

Club: Sjetne IL
Born: 24.11.83 – Trondheim
Residence: Trondheim
Height: 180 cm
Civil Status: Single
Occupation: Student
Hobbies: Orienteering, computers, cycling
Favourite music: Rock (Punk, Indie, Alternative)
Favourite film: Seven
Favourite book genre: Non-fiction
Favourite food: Cheese Fondue
Greatest sport moment: Personal: World Champion silver '09, as a spectator: Tom Boonens first Paris – Roubaix victory (cycling)
Languages spoken: Norwegian, English and German
Previous results:
OG: 02: 7th Team, 06: 4th Team
WCh: 03: 27th Ind. Gundersen, 30th Sprint, 05: 29th Ind. Gundersen, 32rd Sprint, 2009: 2nd Ind. small hill, 3rd Team, 12th Ind. big hill, 13th Mass start
NCh: Individual: 1 gold, 2 silver, Team: 6 gold, 1 silver, 1 bronze
Other: Bronze medal at Universiade in Innsbruck/Seefeld 2005



TANDE, PETTER

Club: Byåsen IL

Born: 11.06.85 – Oslo

Residence: Trondheim

Height: 180 cm

Civil Status: Co-habitee

Occupation: Nordic Combined athlete

Hobbies: Fishing at the sea.

Favourite music: Rock, heavy metal

Favourite film: Pirates at the Caribbean

Favourite food: Pizza

Greatest sport moment: World Champion 2005 gold medal in team

Sports idol: Janne Ahonen

Languages spoken: Norwegian and English

Previous results:

OG: 06: 4th Gundersen, 6th Sprint

WCh: 03: 4th Team, 05: 7th Gundersen, 9th Sprint, 07: 3rd Team, 6th Sprint, 13th Gundersen, 09: 3rd Team, 7th Mass Start, 15th Gundersen LH, 19th Gundersen NH

NCh: Individual: 2 gold, 1 silver, Team: 7 gold, 1 silver

Other: WCh Jr: 5 gold individual, 2 bronze individual, 1 gold team, 1 silver, 1 bronze



WENDEL, OLE CHRISTIAN

Club: Heming

Born: 24.01.1992 – Oslo

Residence: Oslo

Height: 180 cm

Civil Status: Girlfriend

Occupation: Student

Hobbies: I can't say that I've got any big hobbies. When you're an athlete most of your time goes to training and resting. Besides that I try to do some studying. But I'm very interested in sports and film. So I guess you can say that is my hobbies.

Favourite music: Metallica

Favourite film: The Gladiators

Favourite book genre: Can't say I read too much, but when I read it's usually crime-fiction novels.

Favourite food: Mexican food

Greatest sport moment: Norwegian gold and silver in ski jumping small hill under the Olympic Games in Lillehammer'94

Sports idol: No particular idol, but I admire athletes who work hard and reach their goals.

Languages spoken: Norwegian and English

Previous results:

NCh: 09: 3rd Ind. Gundersen

Others: WCh Jr: 3rd Individual and 1st Team, two Continental Cup victories, NCh Jr 1st in Nordic Combined, Cross-Country (10 km) and Team Ski Jumping, best World Cup result: 16th in Lahti



THE WHISTLER SLIDING CENTRE

Elevation: Start: 935 m, Finish line: 796 m, Weigh dock: 829 m – **Gross Capacity:** 10,000
 – **Distance from:** OLV Whistler: 10 km, OLV Vancouver: 126 km, Whistler Olympic Celebration Plaza: 2.6 km – **Whistler Sliding Centre Weather (February 12 to 28, 2008):** Average minimum temperature: -2.4°C , Average maximum temperature: 4.5°C , Average temperature: 0.4°C

UNKNOWN EXPONENT IN AN UNKNOWN SPORT

There are no more than a couple of handfuls of active participants in Norway involved in skeleton. Although there were a few individuals who were engaged in the sport in previous years, it was not until 1994 that it gained a real foothold in Norway – not least thanks to the Olympic runs for bob and luge constructed for the winter Olympics in Lillehammer.

Skeleton looks quite similar to luge, but in skeleton the participants lie on their stomachs with their heads in the direction of travel. Something similar to skeleton was included in the Olympic programme in St. Moritz in 1994, but Salt Lake 2002 was the real Olympic debut. There

has been a tremendous effort over the last ten years to have skeleton included in the Games.

Skeleton is an exceptionally demanding discipline. The contestants must be able to react like lightning, exploding into action at the start. Excellent physical coordination is required, and the actual run reminds one of alpine skiing. Choosing the correct line is of prime importance if maximum speed is to be achieved. Top speeds are in the region of 140 kph (84 mph)!

The 38-year old Desiree Bjerke Andersen carries the Norwegian colours to Vancouver 2010. She started with skeleton by a coinci-



SKELETON athletes

dence. After having read about the sport in a magazine she went to Lillehammer to try it during a week-end. Some years later she started competing on an international level.

“Unfortunately I am the only girl doing skeleton on an international level in Norway. But I have been lucky this season through my close cooperation with two British skeleton-racers. Kristian Bromley and Shelley Rudman are among

the absolute top racers in the world. If I manage to do four good runs in Vancouver, I hope I can be among the top six,” Desiree Bjerke Andersen says. She also hopes that her participation in the Olympic Games in Vancouver will give skeleton a good possibility to promote one of the smallest sports in Norway.

For more information, long on at:
www.bobsleigh.com

THE NORWEGIAN SKELETON TEAM



Engeli, Håvard

Born: 16.03.69 – Dombås

Residence: Lillehammer

Team Leader/Head Coach

Former athlete and 14th place in World Championship

2nd OG



**BJERKE ANDERSEN,
DESIREE**

Club: Lillehammer Skeletonklubb

Born: 22.03.71 – Fredrikstad

Residence: Oslo

Height: 171 cm

Civil Status: Co-habitee

Occupation: Personal coach

Hobbies: Gymnastic coach

Languages spoken: Norwegian, English and some German

Previous results:

OG: 06: 9

WCh: 05: 19, 07: 17, 09: 20

ECh: 07: 12, 08: 6, 10: 10

WC: 04: 6, 05: 7, 06: 7, 07: 5, 10 and 11

NCh: 10



WHISTLER OLYMPIC PARK

Elevation: Stadium: 844 m – Gross Capacity: 9,500 – **Distance from:** OLV Whistler: 15 km, OLV Vancouver: 117 km, Whistler Olympic Celebration Plaza: 23 km – **Callaghan Valley Weather (February 12 to 28, 2008):** Average minimum temperature: -2.9°C , Average maximum temperature: 5.8°C , Average temperature: -0.6°C , Total snowfall: 40.2 cm, Maximum daily snowfall: 20.4 cm, Average daytime wind: 0.7 m/s, Average daytime peak wind: 2.0 m/s

A YOUTHFUL, GUNG-HO GROUP OF SKI JUMPERS

Under Mika Kojonkoski's leadership, Norwegian ski jumpers have accumulated a formidable array of championship medals. Our jumpers don't win the most World Cup victories, but in championship events they have done quite well for themselves. The 2002 Olympics in Salt Lake City was a humiliating experience for the Norwegian ski jumping team, which placed ninth in the team competition. Four years later they achieved an historic comeback in Torino, with Lars Bystøl taking the gold medal on the normal hill and Roar Ljøkelsøy the bronze. On the large hill, Lars took third place, while Roar came in fourth. Norway also won the bronze in the team competition

category.

In addition, the Norwegian ski jumpers have won four gold medals in ski flying World Championships since 2004: two individual medals for Roar Ljøkelsøy and two team gold medals – first in Planica in 2004, and then in Kulm in 2006. In the Nordic disciplines, our ski jumpers have won medals in every World Championship since Val di Fiemme in 2003. Tommy Ingebrigtsen took silver on the normal hill, and the team took bronze. In Oberstdorf in 2005, Roar Ljøkelsøy won the silver on the big hill, while the team won the bronze on the big hill. In Sapporo, Roar again won a medal – this time bronze on the big hill, while



SKI JUMPING

the team won the silver medal. In Liberec, we won the silver again, and Anders Jacobsen took third place on the big hill.

As they head for Vancouver, our Norwegian ski jumpers will be defending a proud Olympic tradition. There have been some ups and downs, but all told there have been quite a few medals since the first games in Chamonix in 1924. From Jacob Tulin Tham's victory in 1924, up to the Olympics on the home front in 1952, the Norwegians predominated. Birger Ruud is perhaps the greatest legend of them all, having won two gold medals and one silver in all three of the Olympics in which he participated. In more recent OL history, the hottest Norwegian names, of course, have been Espen Bredesen, with his gold and silver medals on the home front in Lillehammer in 1994, and Lars Bystøl, who won

the gold in Italy.

The Norwegian Olympic team is relatively young and inexperienced. Bjørn Einar Romøren participated in Torino, where he did well. The rest of the team has no previous experience in the Olympic Games, although they have tested the hills they will be jumping from. Anders Jacobsen made the jump of a lifetime during the first round in the 2009 World Cup, but was disqualified because his skis were too long relative to his weight.

Ours is a youthful, gung-ho group of ski jumpers that have set their sights for the Vancouver Winter Games. They have what it takes to be medal winners, and are all fired up about the prospect of a new and exciting experience.

For more information, long on at:
www.skijumping.no

THE NORWEGIAN SKI JUMPING TEAM



Bråthen, Clas Brede

Born: 28.11.68 – Mjøndalen

Residence: Mjøndalen

Team Leader/Sports Director

2nd OG

Former ski jumper on international level



Kojonkoski, Mika

Born: 19.04.63 – Rauma, FIN

Residence: Kuopio, FIN

Head Coach

2nd OG for Norway

1998 OG: Head Coach for AUT

2002 OG: Head Coach for FIN



Berdahl, Geir Ole
Born: 15.03.69 – Trondheim
Residence: Trondheim
Coach
 2nd OG



Johansson, Gorm
Born: 08.12.58 – Lillehammer
Residence: Lillehammer
Service Man
 1st OG



Andersen, Tor I.
Born: 15.04.64 – Levanger
Residence: Trondheim
 Physiotherapist
 3rd OG



BARDAL, ANDERS

Club: Steinkjer Skiklubb
Born: 24.08.82 – Levanger
Residence: Trondheim
Height: 186 cm
Civil Status: Living with girlfriend Ingrid, one daughter Anna
Occupation: Bachelor economics
Favourite music: Åge Aleksandersen, Bruce Springsteen
Favourite food: Pizza, Taco
Greatest sport moment: World Cup victory, Zakopane 2008
Sports idol: Roar Ljøkelsøy
Languages spoken: Norwegian, English, some German
Previous results:
OG: 02: 23. and 25. Place
WCh: 07: 2/team, 09, 5th in big hill, 2/Team
NCh: 4 times
Other: 1 WC victory, 6 times podium



EVENSEN, JOHAN REMEN

Club: Molde og Omegn IF
Born: 16.09.85 – Hadsel
Residence: Oslo
Height: 179 cm
Civil Status: Married
Occupation: Full time ski jumper
Hobbies: Rc, Kiting, Music



SKI JUMPING athletes

Favourite music: Everything but not too hard!

Favourite film: The Rock, Armageddon, Flåklypa Grand Prix

Favourite book genre: Don't Read

Favourite food: Pizza

Greatest sport moment: 3rd place WC Oberstorf ski flying 09, 1st place WC Planica team 09.

Sports idol: Tom Hilde, Anders Jacobsen

Languages spoken: Norwegian, English

Previous results:

WCh: 09: 2/team

Other: 3rd place WC Pragelato 09, 2nd and 3rd place SGP Zakopane 09



HILDE, TOM

Club: Asker SK/Kollenhopp

Born: 22.09.87 – Bærum

Residence: Lillehammer

Height: 179 cm

Civil Status: Virgin

Occupation: Guitar player and stand up comedian

Hobbies: Ski jumping

Favourite music: Metallica

Favourite film: Anchor man

Favourite book genre: Nope

Favourite food: Pizza

Greatest sport moment: Double victory in Val di Fiemme and when Anders Jacobsen won the 4-hills Tournament i 2006/07

Sports idol: Janne Ahonen

Languages spoken: Norwegian, English

Previous results:

WCh: 07: 2/Team, 08: 3/Team Ski Flying, 09: 2/Team

NCh: Expert in winning them in summer time!



JACOBSEN, ANDERS

Club: Ringkollen skiklubb

Born: 17.02.85 – Ringerike

Residence: Hønefoss

Height: 173 cm

Civil Status: Married

Occupation: Ski jumper

Greatest sport moment: 1st 4-hills Tournament 2006/07

Languages spoken: Norwegian, English

Previous results:

WCh: 07: 2/Team, 08: 2/Team Ski Flying, 09: 2/Team, 3/HS134

NCh: 2

Other: 2nd place World Cup overall 2007



ROMØREN, BJØRN EINAR

Club: ØHIL/Kollenhopp

Born: 01.04.81 – Oslo

Residence: Bærum

Height: 182 cm

Civil Status: Girlfriend

Occupation: Ski jumper/student

Hobbies: Tamiya

Favourite music: Rock

Favourite film: Lock Stock and Two Smokin Barrels

Favourite book genre: Crime

Favourite food: Nugatti



Greatest sport moment: World Record
239 m in Planica 2005

Sports idol: Noriaki Kasai

Languages spoken: Norwegian, English

Previous results:

OG: 06: 2/Team

WCh: 03: 3/Team, 04: 1/Team Ski
Flying, 05: 3/Team, 06: 1/Team Ski
Flying, 08: 3/Team Ski Flying

NCh: 2 (Large Hill 2001 and Normal
Hill 2006)

Other: World Record 239 m (2005)



SNOWBOARD



CYPRESS MOUNTAIN

Elevation: Highest start: 1,175 m. Lowest finish: 952 m – **Gross Capacity:** 10,000 (Parallel Giant Slalom, Snowboard Cross), 8,000 (Halfpipe) – **Distance from: OLV Vancouver:** 30 km, OLV Whistler: 116 km, BC Place: 29 km – **Cypress Mountain Weather (February 12 to 28, 2008):** Average venue temperature 2.5 °C, Total snowfall during period: 17.3 cm, Maximum daily snowfall: 10.1 cm, Average wind speed at 18h00: 1.1 m/s, Average peak gust at 18h00: 3.3 m/s

YOUNG AND STOKED, READY TO ROCK VANCOUVER

Snowboard is huge among young people in Norway and Norwegian snowboarders travel around the world to hit the slopes, find the perfect line, compete, film and join photo shoots. Norwegian riders are doing well both in FIS-, Ticket To Ride- and other competitions like X Games. Several of the riders also achieve prestigious film parts and loads of magazine exposure every year, leaving their footprints across the global snowboard stage. Snowboarding came to Norway in the end of the 1970s, evolving from a sub-culture of skaters and surfers. Even in today's increasingly competitive developments in the sport, surfing and skating are popular activities for the team riders during the summer months, and the sport's inherent

individuality, playfulness and freedom of expression are still crucial.

The Norwegian Olympic Snowboard Team is young, fresh and passionate, and most of the riders are first timers in the Olympics. Among the team members, however, is bronze medalist from Torino, Kjersti Buaas. With her 28 years and previous Olympic experience she is the natural mentor for the rest of the team having an average age around 20 years old. 19 years old Helene Olafsen has said she is aiming for a medal in snowboard cross this Olympics. Carrying the FIS World Snowboard Cross Champion title as well as having a fresh FIS World Cup win under her belt, she's definitely got what it takes. Even though the team is young

SNOWBOARD



they are well prepared. The team spirit is to stay together and improve their skills by having fun. The Olympic riders are stoked about getting to Vancouver to play around and show their skills to the whole world. Obviously

they are ready to rock the pipe and give their absolute best down the hills.

For more information, long on at:
www.snowboardforbundet.no

THE NORWEGIAN SNOWBOARD TEAM



Nyhus, Vidar
Born: 24.08.1968 – Ål
Residence: Geilo
Team Leader/Sports Director
1st OG as Sports Director



Hjelmsstadstuen, Roger
Born: 11.03.1979 – Lillehammer
Residence: Lillehammer
Coach Halfpipe
1st OG as Coach
Former Snowboarder



Grundelius, Jonte
Born: 26.12.1975 – Västerås, SWE
Residence: Åre, SWE
Coach Snowboardcross
1st OG as Coach
Former Snowboarder



Aunås, Paul
Born: 13.12.59 – Oslo
Residence: Lillehammer
Service Personnel



SNOWBOARD athletes



Heir, Stig

Born: 19.04.61 - Oslo

Residence: Asker

MD, Medical Officer

5th OG as Medical Staff

MEN



SIVERTSEN, STIAN

Club: Kongsberg IF

Born: 28.03.1989 - Kongsberg

Residence: Kongsberg

Height: 191 cm

Civil Status: Single

Occupation: Snowboarder

Hobbies: Snowboard, having fun

Favourite music: Hip Hop, reggae

Favourite film: Hangover

Favourite food: Pizza

Greatest sports moment: X-games

Languages spoken: Norwegian and English

Previous results:

WCh 09: 10 Sungwoo

NCh: 5 times

Other: 2nd overall World Cup 2007/2008, 3 X Games 2009



SANDBECH, STÅLE

Club: BSK

Born: 03.06.1993 - Bærum

Residence: Rykkinn

Height: 170 cm

Civil Status: Single

Occupation: Student

Hobbies: Skateboarding, trampoline, tennis, different kinds of sports

Favourite music: Hip Hop

Favourite film: The Hangover

Favourite food: Pizza and Pita

Greatest sports moment: I'm not sure, maybe the European Open 2009

Sports idols: Mikkel Bang and Eero Et-tala

Languages spoken: Norwegian and English

Previous results:

WCh jr: 08: 4 Halfpipe

NCh: 09: 5 Halfpipe

Other: 09: 7 Burton European Open slopestyle, 3 Arctic Open, 1 Protest World Rookie Fest, 12 Burton Us Open halfpipe, 13 Burton US Open slopestyle, 17 on the TTR ranking.



AUSTBØ, FREDRIK

Club: Norwegian Snowboard Federation



Born: 20.04.1988 – Stavanger
Residence: Stavanger
Height: 168
Civil Status: In a relationship
Occupation: Snowboarder
Hobbies: Skateboard, surfing
Favourite music: Hip Hop and rock
Favourite film: The Hangover
Favourite book genre: I don't read, but "Pornopung" was pretty funny!
Favourite food: Mexican
Greatest sport moment: Skater of the year 2005 in Europe
Languages spoken: Norwegian and English
Previous results:
OG: 06: 38 Halfpipe
NCh: 09: 1 Halfpipe, 1 Slopestyle
Other: 09: 1 Redbull Nanshan Open slopestyle 1 FIS EC slopestyle, 1 – FIS race halfpipe
 In Turin'06 he was the youngest Norwegian participant of an Olympic Game since Figure Skater Sonia Henie in 1936.



HAVIKHAGEN, JOACHIM

Club: Geilo
Born: 05.09.1991 – Geilo/Gol
Residence: Geilo
Height: 194-195 cm
Civil Status: Dating
Occupation: Student
Hobbies: Football, skateboard and more
Favourite music: House music
Favourite film: Taken, Transformers
Favourite book genre: Crime
Favourite food: Sea Food
Greatest sport moment: 1st place in the Norwegian Championship 2009
Languages spoken: Norwegian, French and English

Previous results:
WCh: 09: 38 Bad Gastein, 37 Sunday River, US
ECh: 09: 9 08: 12
NCh: 1 Geilo, 1 Kongsberg
Other: 09: 2 – overall Norwegian Championship, 2010: 12 WC Bad Gastein



HOLVIK, TORE

Club: Geilo IL
Born: 13.03.1988 – Førde
Residence: Geilo
Height: 180 cm
Civil Status: Single
Occupation: Snowboarding
Hobbies: Soccer, skateboarding
Favourite music: Hip Hop, Techno
Favourite film: I Love you man, The Hangover
Favourite book genre: Crime novels
Favourite food: Hamburgers
Greatest sport moment: My first trip to Breckenridge, USA. Learned a bunch of new tricks!
Sports idol: Roger Federer
Languages spoken: Norwegian and English
Previous results:
WCh: 09: 5 Big Air
NCh: 08: 1 Halfpipe 07: 1 Halfpipe
Other: 10: 1 WC Sweet rumble, 3 WC Halfpipe 09: 4 Burton NZ Open Slopestyle, 5 TTR 05: 3 European Youth Olympics



SNOWBOARD athletes



KLEIVDAL, ROGER

Club: Geilo IL
Born: 13.03.1988 – Kongsberg
Residence: Geilo
Height: 182 cm
Civil Status: Single
Occupation: Snowboarding
Hobbies: Soccer, skateboarding
Favourite music: Hip Hop, Techno/Dance
Favourite film: Notorious
Favourite book genre: Crime novel
Favourite food: "Glutenfree Pizza"
Sports idol: Erik Huseklepp
Languages spoken: Norwegian and English
Previous results:
WCh: 09: 10 Halfpipe 07: 2 Big Air
NCh: 09: 3 Halfpipe 08: 3 Slopestyle
Other: 09: 5 WC Halfpipe Spain, 5 WC Halfpipe Italy, 5 EC Halfpipe Saas Fee

WOMEN



BUAAS, KJERSTI ØSTGAARD

Club: Vassfjellet Snowboard Club, Trondheim

Born: 05.01.82 – Trondheim
Residence: Trondheim
Height: 160 cm
Civil Status: Cohabit
Occupation: Snowboarder
Languages spoken: English
Previous results:
OG: 06: 3 Halfpipe 02: 4 Halfpipe
WCh: 05: FIS HP/14 00: ISF "Lords of the Boards"/1
WCh Jr: 01: ISF & FIS Junior World Champion
WC: 09: FIS HP/1, 9, 5 08: FIS HP/10, 12 07: FIS HP/1 05: FIS HP/6, 10, 6, 6, 10 28, 23 04: FIS HP/9, 22, 6 03: FIS HP/5, 3 02: FIS HP/1 01: FIS HP/1 00: FIS HP/2 Finals, FIS HP/1
NCh: 1 halfpipe 2008
Others: 2010: 3 Roxy Chicken Jam slopestyle 2009: 3 Dew Tour halfpipe, 1 Burton US Open slopestyle, 1 Burton US Open quarterpipe, 2 Burton European Open halfpipe 2008: 3 Roxy Chicken Jam halfpipe, 1 Burton US Open slopestyle, 2 Vans Cup slopestyle, 2 Vans Cup halfpipe



OLAFSEN, HELENE

Club: Kolbotn IL
Born: 21.02. 90 – Oslo
Residence: Oppegård
Height: 168 cm
Civil Status: Single
Occupation: Snowboarder
Hobbies: Snowboarding and other fun activities, hanging out with friends and family
Favourite music: You'll find everything from hip hop to country in my I-tunes!
Favourite film: August rush or
Favourite book genre: Historic novels
Favourite food: I love food



Languages spoken: Norwegian and English

Previous results:

WCh: 09: 1 07: 1

NCh: 09: 1 – overall, King's trophé Halfpipe. 08: 1 – overall, King's trophé Slopestyle

Other: 09: 2 Mount Baker Banked Slalom, 2 X Games



HAUG, LINN

Club: Trondheim Snowboardklubb

Born: 06.03.1990 – Trondheim

Residence: Trondheim

Height: 160 cm

Civil Status: In a relationship

Occupation: Snowboarder

Hobbies: Surfing and playing guitar

Favourite music: Everything from techno to old school rock to hip hop

Favourite film: The Boondock Saints

Favourite book genre: Novels

Favourite food: My mom's home cooked meals

Greatest sport moment: The Burton European Open Halfpipe finals in 2009

Sports idol: Kjersti Buaas and Torah Bright

Languages spoken: Norwegian and English

Previous results:

WCh jr: 07: 3

NCh: 07: 1 Halfpipe 06: 1 Slopestyle 05: 1 Halfpipe, 1 Slopestyle

Other: 09: 4 Burton European Open Halfpipe, 4 Chicken Jam Halfpipe, 4 Snow Angels Halfpipe, 4 New Zealand Open Halfpipe 08: 1 European Cup Halfpipe, 1 Swag Pipe Jam, 3 World Cup Halfpipe, New Zealand, 5 Burton European Open Halfpipe 07: 3 Paul Mitchell Quarterpipe.



WIIK, LISA HEGERTUN

Club: Unbad Boards Trondheim

Born: 05.20.1979 – Trondheim

Residence: Trondheim

Height: 173 cm

Occupation: Physical therapist student and professional snowboarder

Hobbies: Wakeboard, trampoline

Favourite music: Mostly Pop and Rock, no Techno though

Favourite book genre: Crime

Favourite food: Chinese, Mexican and Indian food

Greatest sport moment: 1st Burton European Open and 2nd overall at the TTR-ranking

Languages spoken: Norwegian, English and German

Previous results:

OG: 02: 10

ECh: 1 – Slopestyle, 7 & 8 Halfpipe

NCh: 08: 2 07: 1

Other: 09: 5 6star TTR Roxy Chicken Jam halfpipe, 3 6star TTR Roxy Chicken Jam slopestyle, 1 European Open slopestyle, 7 European Open halfpipe, 3 Canadian Open halfpipe, 4 Canadian Open slopestyle, 2 FIS EC New Zealand



SPEED SKATING



RICHMOND OLYMPIC OVAL

Elevation: Sea level – **Gross Capacity:** 7,700 – **Distance from:** OLV Vancouver: 14 km, OLV Whistler: 129 km, BC Place: 15 km – **Vancouver International Airport Weather (February 12 to 28, 2008):** Average minimum temperature: 2.8°C, Average maximum temperature: 9.6°C, Average temperature: 6.2°C, Precipitation: 18.2 mm

GREAT TRADITIONS IN NORWEGIAN SPEED SKATING

Starting with Axel Paulsen becoming the “Amateur Champion of the World” in 1884 there is no doubt Norway has long and great traditions in speed skating. Paulsen was followed by the most winning Norwegian Olympian ever, Ivar Ballangrud, as well as the leading personality of the 1952 Olympics Hjalmar “Hjallis” Andersen, with the nickname “King Happy”. The family skating tradition is still alive and now followed by Hjallis’ grandson Fredrik van der Horst who will compete in his first Olympic Game in Vancouver. On the female side it is 30 years since Bjørg Eva Jensen won her Gold Medal in Lake Placid Olympics.

The Norwegian speed skating team has been through a tough

preparation for the Games in Vancouver. After terminating the contract with Head Coach Peter Müller in November last year The Norwegian Speed Skating Federation appointed former Olympian Jarle Pedersen as Head Coach teamed up with speed skating legend Johann Olav Koss as Assistant Coach by the Norwegian Olympic Committee.

Four time Olympic Champion Johann Olav Koss retired after the Lillehammer Games in 1994. He won his first Olympic gold medal in Albertville in 1992 and his three last ones at Lillehammer in 1994. In Nagano 1998 Ådne Søndrål followed up the Norwegian success with a gold medal. In Salt Lake City 2002 two Norwegian bronze medals were achie-



ved, one by Ådne Søndrål and one by Lasse Sætre. The Olympic Games to follow in Turin 2006 become a great disappointment with no medals for the Norwegian speed skating team. The last four seasons a new generation of speed skaters have been developed. Håvard Bøkko has been a tough competitor to Sven Kramer

the last seasons and Maren Haugli is decreasing her distance to the podium of the world's best female skaters every day. We look forward to many exciting competitions in Vancouver aiming for another Norwegian medal.

For more info, long on to:
www.skoyteforbundet.no

THE NORWEGIAN SPEED SKATINGTEAM



Haugen, Øystein
Born: 07.11.71 – Lørenskog
Residence: Frogner
Team Leader/Sports Director
 2nd OG as Team Official



Koss, Johann Olav
Born: 29.10.1968 – Drammen
Residence: Toronto, CAN
Assistant Coach
 1st OG as Team Official
 Former speed skating Champion –
 four time Olympic Gold medallist.



Pedersen, Jarle
Born: 15.06.1955 – Kåfjord
Residence: Os, Bergen
Head Coach
 2nd OG as Team Official



Flørenes, Tonje W
Born: 11.03.78 – Oslo
Residence: Oslo
MD, Medical Officer
 2nd OG as MD, Medical Officer



SPEED SKATING athletes



Stöberl, Michael

Born: 21.10.67 – Inzell, GER

Residence: Inzell, GER

Physiotherapist

2nd OG as Physiotherapist



Andersen, Petter

Born: 02.01.74 – Oslo

Residence: Oslo

Service

1st OG as Team official

MEN



BØKKO, HÅVARD

Club: Hol IL

Born: 02.02.1987 – Ringerike

Residence: Hovet

Height: 182 cm

Civil Status: Not married, but girlfriend

Occupation: 100% Speed skater

Hobbies: Fishing, hunting

Favourite music: Pop and Norwegian Country

Favourite film: Transformers with Megan Fox and the famous Norwegian film "Flåklypa"

Favourite book genre: My training diary

Favourite food: Pizza

Greatest sport moment: WCh All round Hamar 2009

Sports idol: Lance Armstrong

Languages spoken: Norwegian, English and (a little) German

Previous results:

OG: 06: 4/Team Pursuit, DNF/1500m

WCh: 08: 2 All round, 09: 2 – All round. 2 silvers – Single Distances

ECh: 06: 3, 08: 2, 09: 2

NCh: 16 Gold, 7 Silver, 2 Bronze

Other: Junior World Record holder 5000m. Junior World Champion 2006



CHRISTIANSEN, HENRIK

Club: Asker SK

Born: 10.02.1983 – Asker

Residence: Nesøya

Height: 175 cm

Civil Status: Girlfriend

Occupation: Carpenter

Hobbies: Cars, boats, sailing

Favourite music: Pop/Rock

Favourite film: Action thriller

Favourite book genre: Crime

Favourite food: Fish

Greatest sports moment: Johan Olav Koss winning three Olympic Medals in Lillehammer'94.

Sports idol: Johann Olav Koss



Languages spoken: Norwegian and English

Previous results:

WCh: All round: 19, 15, Singels: 10/5000m

ECh: All round: 11, 9

NCh: All round Jr. 1 and All round Sr. 1.

Other: All round Norwegian overall: 3. Team Pursuit: WC 1. Worlds: 5. and 6.



PEDERSEN, SVERRE LUNDE

Club: Fana IL

Born: 17.07.1992 – Bergen

Residence: Os, Bergen

Height: 178 cm

Civil Status: Single

Occupation: Student

Hobbies: Football, Sports, Data, Friends

Favourite music: All of it

Favourite film: Slumdog Millionaire

Favourite book genre: Crime – “Marekors” by Jo Nesbø

Favourite food: Taco, Pizza, Lasagne

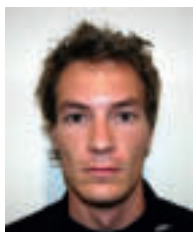
Greatest sports moment: Viking Race Victory, 6th place WCh Jr

Sports idol: Lance Armstrong

Languages spoken: Norwegian and English

Previous results:

NCh: 6th place 1000 m



LARSEN, MIKAEL FLYGIND

Club: Holmestrand Botne Skøyteklubb

Born: 18.09.82 – Tønsberg

Residence: Oslo

Height: 181 cm

Civil Status: Girlfriend J

Occupation: Athlete

Hobbies: Music, table tennis, soccer, cycling, watching TV-shows

Favourite music: Åge Aleksandersen and Hans Rotmo

Favourite film: “Olsenbanden”

Favourite book genre: Crime and Biographies

Favourite food: Italian

Greatest sports moment: Yet to come

Sports idol: Lance Armstrong

Languages spoken: Norwegian, English and German

Previous results:

OG: 06: 4/Team Pursuit, 8/1500m, 14/1000m

NCh: 6



VAN DER HORST, FREDRIK

Club: Tønsberg Turn

Born: 02.12.89 – Tønsberg

Residence: Nøtterøy

Height: 188 cm

Civil Status: Single

Occupation: Student, speed skater



SPEED SKATING athletes

Hobbies: Hiking, Telemark, speed skating, cross country skiing, drawing, waterskiing etc

Favourite music: Everything from classical music to rap except from hard rock!!!

Favourite film: The notebook, Rocky, Transformers, American Psycho, Troy, Catch me if you can, In to the wild, Ocean Eleven, etc

Favourite book : Stig Larsson (Swedish crime)

Favourite food: In summer: Shrimps and avocado! In winter: Pancakes

Greatest sports moment: Many! One of the most impressive is Frode Estil after falling and breaking his ski at the start winning the silver medal at 2 x 15 km.

Sports idol: Chad Hedrick for his strong will! Ole Einar Bjørndalen for his ability to be 110 per cent focused all the time.

Languages spoken: Norwegian, English, some Deutsch and learning French



RUKKE, CHRISTOFFER FAGERLI

Club: Hol IL

Born: 17.04.88 – Ringerike

Residence: Norway

Height: 191 cm

Civil Status: Single

Occupation: Speed skater

Hobbies: Gymnastics, RC-cars, filming/video-editing, outdoor life

Favourite music: Dance/Trance, Pop, Country and much more

Favourite film: "Flåklypa" (great Norwegian movie)

Favourite book genre: I don't read books

Favourite food: Taco

Greatest sport moment: Ådne Søndrål's Gold Medal at 1500m in Nagano Olympics 1998

Sports idol: Shani Davis

Languages spoken: Norwegian, English and some Japanese

Previous results:

WCh: 09: Sprint: 20. Single Distances: 11/1000m. 12/1500m

NCh: 07: All round 5, 08: Single distances 1/500m, 09: Sprint 1, 10: Single Distances: 1/500m

National Jr. Records: 100m: 9,93., 500m: 35,68. 1000m: 1,09,20.

Outdoor Jr. Record: 1500m 1,49,57 (Inzell)



HAUGLI, SVERRE

Club: Jevnaker IF Skøyter

Born: 02.10.1982 – Ringerike

Residence: Hønefoss

Height: 183 cm

Civil Status: Single

Occupation: Economist, Master student in Business and Economics

Hobbies: Hunting, fishing, outdoor, cycling and fast motorcycles

Favourite music: Norwegian music

Favourite film: The Gladiator, The Hangover

Favourite book genre: Crime

Favourite food: Norwegian food! Mostly meat or fish (trout)

Greatest sports moment: Finishing my 5000m in the WCh at 5th place

Sports idol: Johann Olav Koss

Languages spoken: Norwegian and English

Previous results:

WCh: 9 – overall. 5 – 5000m

ECh: 7 – overall. 4 – 5000m

NCh: 2 Gold



WOMEN



BØKKO, HEGE

Club: Hol IL
Born: 05.09.1991 – Hønefoss
Residence: Hovet
Height: 171 cm
Civil Status: Single
Occupation: Student, speed skater
Hobbies: Speed skating, skiing, fishing
Favourite music: Everything except rock
Favourite film: Twilight, The Hangover, Ice Ages
Favourite book genre: School books and my training diary
Favourite food: Taco and Lasagne
Greatest sport moment: European Championship 2009 in Heerenveen
Sports idol: Shani Davis
Languages spoken: Norwegian, English and a little bit German
Previous results:
WCh: 09: 23
ECh: 09: 14
NCh: 09: Single Distances: 2 Gold, 1 Bronze, All round Senior: Bronze Sprint, 10: Single Distances: 3 Gold, 1 Bronze
Other: 09: WCh Jr Silver 1000 m



HAUGLI, MAREN

Club: Jevnaker IF Skøyter
Born: 03.03.1985 – Hønefoss
Residence: Hønefoss
Height: 173 cm
Civil Status: Boyfriend
Occupation: Student
Hobbies: Sports, outdoors, friends & family
Favourite music: I listen to everything!
Favourite film: The green mile
Favourite book genre: Crime, novels
Favourite food: Homemade Pizza
Greatest sport moment: My 5th place WCh all round 2006
Sports idol: Johann Olav Koss
Languages spoken: Norwegian, English and German
Previous results:
OG: 06: 8 – 5000m
WCh: 06: 5 – 5000m
ECh: 06: 5 – 5000m
NCh: 2 times National Champion All round



17.MAI-TOG: May 17th is Norway's National Day, and celebrates the adoption of the Constitution on the same date in 1814. May 17th is a major event in Norway, and almost all Norwegians take part in the celebrations. All Norwegian school-children take part in Constitution Day parades, all of them dressed in their own local version of the national costume or their Sunday best. The forest of Norwegian flags leaves little doubt it's Norway's Constitution day that's being celebrated. Tourists from all over the world stream into Oslo to see the Children's Parade.

BINDERS: A small twist of metal wire – better known to you as a paper clip. Invented by the Norwegian Johan Vaaler in 1899. In use world-wide.

BRUNOST: A sweet, brown cheese made from cow's milk and /or goat's milk. Originally made in the mountain dairy farms, it's now found on most Norwegian breakfast tables, and is used by hundreds of thousands of people daily as a filling for their lunch-time sandwiches. More than a quarter of all cheese eaten in Norway is Brunost!

BUNAD: National costume with its origins in peasant clothing. The various regions and districts in Norway have their own versions, and the designs indicate family or geographical ties. Almost everyone who has one wears their 'Bunad' on May 17th, Constitution Day.

HARALD HÅRFAGRE: According to the history books Harald Fairhair was the first King over a united Norway. (Approx. 865–933). The Viking Chieftain who united Norway at the Battle of Hafrsfjord near Stavanger in around 885. It is claimed that all those who have claimed the throne of Norway since are descendants of Harald Fairhair. Fairhair named Eirik Blodøks – the famous Eirik The Red – as his heir to the Throne of Norway.

HARDINGFELE: A uniquely Norwegian form of violin or fiddle with eight strings, four above and four under. The Harding Fiddle dates from around 1650, and quickly spread throughout the Norwegian valleys, gaining popularity as a folk music instrument. The fiddle can be tuned in 30 different ways.

BEST OF NORWAY

LOFOT-FISKET: An annual fisheries event from February to April for Cod and Spring Cod in the Vestfjord at Lofoten in the County of Nordland. The Vestfjord has been the most stable spawning grounds for Spring Cod for time beyond memory, and has therefore been a winter fairy tale for fishermen for more centuries than the history books can count. The Lofot Fisheries are the basis for a number of both small and large fishing boats along the coastline of Norway

LUSEKOFTE: A knitted pullover with its origins in Setesdalen in Norway. Mainly used by men since the mid-1800's. The pullover is usually "Sheep-wool-black" with a white pattern. The pattern is the "lice". Around 1920, tourists began to notice this uniquely Norwegian garment, and since then it has been one of the popular purchases made by tourists in Norway.

MIDNATTSOL: Norway is often called «The Land of the Midnight Sun». The Midnight Sun literally means that the sun never dips under the horizon, as is the case in Northern Norway during a period in the summer. There is daylight for a full 24 hours and the sun never sets. This phenomena attracts many tourist to Norway's Northern Regions. In strong contrast is the winter darkness, where the sun never shows her face, and the days are as dark as the nights.

OSTEHØVEL: A Norwegian invention in use all over the world. A tool for slicing cheese, invented by the furniture-maker Thor Bjørklund from the Olympic Town of Lillehammer. He patented the cheese slicer in 1925 and started production in 1927. Since then, his cheese slicer has enjoyed world-wide success that we Norwegians are proud of!

SMALAHOVE: A traditional Norwegian dish originating from the villages and hamlets of the West Country. 'Smale' is a dialect word for sheep, and "Smalahove" means sheep's head. The head is singed and/or smoked prior to boiling before being served with boiled potatoes and mashed swede. Not all Norwegian's find the dish so very appealing, with the sheep staring up at you from your plate....

THOR HEYERDAHL: Norwegian ethnographer and zoologist, who has carried out much research into the origins of the peoples of Polynesia. Heyerdahl believed that Polynesia was settled by peoples from America and not from south-east Asia as was the common theory at the time. To prove that American Indians could have sailed the Pacific he carried through the famous Kon-Tiki expedition in 1947. The film of the expedition was awarded the Oscar for best documentary in 1951. Heyerdahl is also famous for the Ra, Ra II and Tigris expeditions.

TRAN: Norwegian health drink based on liver-oil from mainly cod or saithe. 'Tran', or cod-liver oil, was traditionally used both as lamp-oil and as nature's medicine against a number of debilitating illnesses. Nowadays, it is highly valued due to its high percentage of non-saturated fatty acids. Many Norwegians start their day with a dessert spoon of cod-liver oil to keep healthy and in good form. Not very popular with the kids due to its somewhat special flavour....

TØRRFISK: Fisk that is not salted, but dried naturally in the wind- you may have met it as Stockfish or Bacalao. Dried either on special frames or direct on the rocks. Smells VERY strong, Is re-hydrated prior to cooking. One of the oldest fish products in Norway and has been of great importance to the coastal regions. Exported in great quantities to among other countries Portugal - Bacalao.



VIKINGSKIP: Norwegian/Nordic vessel from the Viking Era and early middle ages. The ships were used by the Vikings in both war and peace, in the latter as trading vessels. The Vikings were Nordic traders who carried out both trading missions and raids in West and Eastern Europe between 800–1050. The best known Viking Ships, The Gokstad, Tune and Oseberg can all be seen at the Viking Ship Museum at Bygdøy in Oslo.

HOW TO PRONOUNCE IT:

17.mai-tog:	Sitt-enda mei tawg
Binders:	Bin-durs
Brunost:	Broon oost
Bunad:	Buu nadd
Harald Hårfagre:	Harald haw-fargra
Hardingfele:	Harding fea-la
Lofot-fisket:	Loaf-fott fiska
Lusekofte:	Loose a koffta
Midnattsol:	Mid natt sool
Ostehøvel:	Oost-a hoevell
Smalahove:	Smahla-hovva
Thor Heyerdahl:	Tor Hei-a-dal
Tran:	Trahn
Tørrfisk:	Toerr-fis
Vikingskip:	Veeking ship

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**Vellan,
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Larsen, Geirr
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Feature, Curl-
ing and Snow-
board



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Anders**
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Ice Hockey and
Ski Jumping



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Web Journalist



**Helland,
Margret**
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Ice Hockey and
Ski Jumping



Olset, Carina
TV Re-
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Berntsen,
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P4



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Commentator



Sommerset,
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Høglund,
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Skaga,
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Radio-host

VANCOUVER, BC, CANADA
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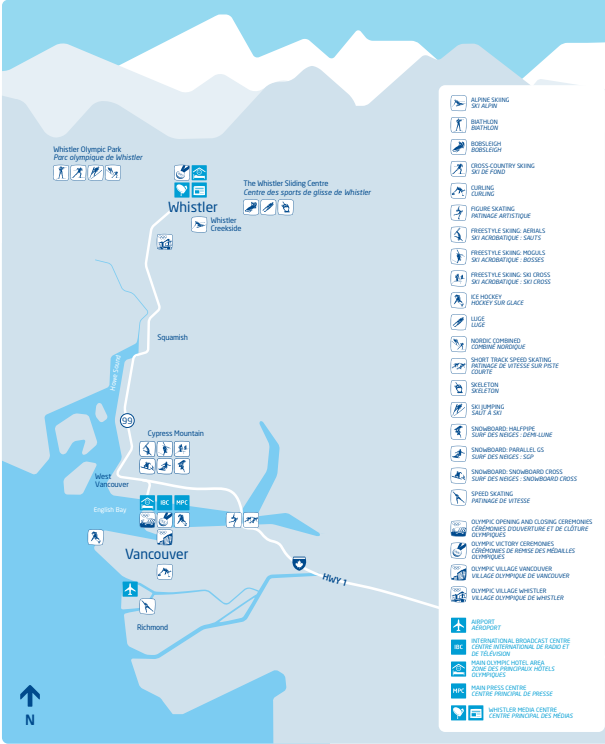
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NORWAY

